

Journal #7
Arlene Forbes
April 12, 2023

My seventh meeting held on April 12, 2023 with a new counselor, as Gillian Taber, LCSW was out.

Everyone was present in the group as the previous week. This was an interesting session as the new counselor had to familiarize herself with the group. I sensed she wanted everyone to be comfortable so she engaged in some friendly conversation then restated what Gillian told her about the group. If she had a different style, she did not go against Gillian style; in fact, she stated that Gillian told her that the way the group is set up is that each person has an opportunity to share or comment after they have shared.

Each person had a chance to speak. The class ended on schedule.