

Alliance University SON- Concept Map

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Nursing Dx

Imbalanced Nutrition: Less than Body Requirements r/t dysphagia as evidenced by weight requirement not met (15.3 kg), NG tube feedings, and no muscle mass.

Expected Outcome

Pt will improve nutrition status by feeding by the end of 12-hour shift.

Interventions

1. Check the patient's current weight as baseline. Weigh the patient daily.
2. Assess what the patient can safely eat & drink.
3. Refer the patient to a nutritionist.
4. Educate family members about food recommendations and create a plan regarding nutritional needs.

Evaluation

The goal was met and pt improved nutrition status by feeding at the end of the 12-hour shift.

Nursing Dx

Impaired Swallowing r/t behavioral feeding problems as evidenced by refusal to eat, crying during feedings, and coughing of foods and liquids.

Expected Outcome

Pt's mouth will be able to swallow and be free from coughing during feeding by end of 12-hour shift.

Interventions

1. Assess the ability to swallow. Evaluate the strength of facial muscles.
2. Determine the patient's readiness to eat.
3. Check for food regurgitation through the nares.
4. Educate family members how to avoid certain foods and to watch for signs of dehydration and weight loss.

Evaluation

Goal met, pt's mouth was able to swallow and was free from coughing during feedings by end of 12-hour shift.

Past Medical History

Unspecified Metabolic Disorder, Neurogenic bladder, DVT femoral, Dysphagia, Narcotic dependence (episodic use), Cryptorchidism

Medical Diagnosis & Assessment

Anemia, Unspecified
Feeding Difficulties, Unspecified
Chronic Malnutrition
NG tube present 10 Fr

BT 98.4; PR 103; RR 24; BP 111/55;
SPO2 100; A&Ox4, CTA, RRR, normal
S1, S2, NO JVD, no cyanosis, cap refill
< 2, NKA, no pain; GI WNL; +BS in all
quadrants, abdomen soft/nontender, last
bowel 4/10; limited mobility/wheelchair
use, full ROM, incontinent - diapered

Medications

Citric Acid NG @BR x1
Collagenase TP daily
Docusate 30mg NG daily
Ferrous Sulfate 45 mg NG daily
Omeprazole 10 mg NG daily
Phenobarbital 25.6 mg NG Q12R

Nursing Dx

Risk for Aspiration r/t NG tube feedings

Expected Outcome

Pt will not experience aspiration as observed by clear lung sounds, unlabored breathing, and oxygen saturation within normal limits by the end of 12-hour shift.

Interventions

1. Determine level of consciousness.
2. Assess gag reflex and ability to safely swallow.
3. Auscultate lung sounds and assess respiratory status.
4. Educate family members about conditions that can cause aspiration.

Evaluation

Goal met: Pt did not experience aspiration as observed by clear lung sounds, unlabored breathing, and oxygen saturation within normal limits by the end of 12-hour shift.

Nursing Dx

Fatigue r/t reduced metabolic energy production as evidenced by limited mobility, expressing a lack of energy, and increased need to rest.

Expected Outcome

Pt will be able to complete tasks and participate in hobbies within 4 hours.

Interventions

1. Assess compounding causes of fatigue.
2. Establish realistic goals.
3. Assess patient's description of fatigue using a scale that is age-appropriate.
4. Educate family members on the importance of supporting their child,

Evaluation

Goal met, pt was able to complete a set of tasks and participated in hobbies (going outside) within 4 hours.