

Destiny Alamo

PSY 342

Unit 6 Essay

4/18/23

Chapter 12

- 1) Positive symptoms are pathological excesses or bizarre additions to a person's behavior. One of the positive symptoms is disorganized thinking which is loose associations, neologisms perspective and clang. These people rapidly shift from one topic to another believing that their incoherent statements make sense. Another positive symptom is delusions: some hold a single delusion that can dominate their life and behavior. Another one is hallucinations in which they have the perception that a person often hears voices and sounds that happen outside of their head.
- 2) If a person starts to experience strange and unreal sensations and they turn to friends I believe cognitively it might start because the friends and family would not know what to say and how to properly handle it so they would start using words like crazy or telling the person they didn't truly experience it and the person will start to get in their head that everyone is against them.
- 3) A typical state hospital was located in isolated areas where land and labor were cheap. It was meant to protect the patients from the stress of everyday life and offer them a healthful psychological environment in which they could work closely with therapists. Unfortunately they became extremely overcrowded.
- 4) The 5 key features of effective community care are coordination services where it was expected that community care would be provided by community mental health centers where they would supply medication and psychotherapy. Another is short term hospitalization which is when outpatient services fail the person gets hospitalized for a a

few weeks and after they improve they are released. Another is partial hospitalization which is where the patients are in the hospital during the day and return home at night. Another is supervised residences where clients live in a halfway house with a few other people because they can not live alone. The last one is occupational Training and support is a place where they help people learn how to live life and get jobs.

(i) Chapter 13

- 5) Selfies and pictures of yourself mostly by yourself with your front camera on your phone. It is related to narcissism because our pictures convince us of our own beauty and we expect constant attention and admiration from those around us.
- 6) The Anxious personality disorders are Avoidant personality disorder, dependent personality disorder and obsessive compulsive personality disorder. Avoidant personality disorder is people who are very uncomfortable and inhibited in social situations, overwhelmed by feelings of inadequacy and extremely sensitive to negative evaluation. Dependent personality disorders have a pervasive, excessive need to be taken care of. They are oftentimes clingy and obedient. obsessive compulsive personality disorder is someone who is preoccupied with order, perfection and control that they lose all flexibility, openness. Their concern for doing everything right impairs their productivity.
- 7) Characteristics for obsessive compulsive personality disorder needing to be in control, uncomfortable with change, they set unreasonably high standards for themselves, they are never satisfied with their performance.