

# Nyack College SON- Concept Map 1

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**Nursing Dx** Impaired physical mobility related to weakness in lower extremities and chronic illness.  
**Expected Outcome** the pt will demonstrate increased ADLs performance within 2 weeks

### Interventions

1. consult PT for rehab plan
2. encourage ROM
3. assist and educate ADLs with family
4. fall precautions

**Evaluation-** the pt demonstrated increased ADLs performance within 2 weeks

**Nursing Dx** depressed mood r/t chronic illness and hospitalization  
**Expected Outcome** the pt will participate in at least one therapeutic activity during shift

### Interventions

1. assess the pt's mood and level of depression regularly
2. encourage the pt to participate in therapeutic activities
3. provide education about the connection between chronic illness and depression
4. offer support groups for the pt and the family

**Evaluation-** the pt participated in at least one therapeutic activity during shift

### Past Medical History

Pancreatitis,  
hemorrhagic shock,  
anticoagulation adequate,  
acute respiratory failure

Tubule-interstitial neuropath in SLE,  
Mushroom allergy, Decreased ADLs, Decreased mobility and endurance, Depressed mood, Hepatitis, immune compromised, HTN, peritonitis, pulmonary emboli, status post abdo paracentesis, SLE, lupus nephritis  
97.4°F(oral), 77PR, 18RR,  
103/67(L), 98O2

### Medications

Clonidine 1eaTD MO, ergocalciferol 50000unit PO, famotidine 20mg PO, hydralazine 25mg PO Q6hr, labetalol 400mg PO, lidocaine 1patch TD daily, lisinopril 40mg PO bedtime, magnesium oxide 400mg PO TID, melatonin 3mg PO bedtime PRN, mycophenolate mofetil 1000mg PO BID, nystatin 4ml MM Q1D, omeprazole 20mg PO daily, prednisone 20mg PO daily, prednisone 5mg PO daily, trimethoprim/sulfamethoxazole 2ea PO MoWeFr

**Nursing Dx** chronic pain r/t SLE  
**Expected Outcome** the pt will report decreased pain intensity and frequency after medication administration at 0900

### Interventions

1. Assess pain level using pain scale
2. Administer pain medicine as prescribed
3. Use distraction techniques to distract the pt's attention
4. Educate non-pharmacological relaxing skills

**Evaluation-** the pt reported decreased pain intensity and frequency after medication administration at 0900

**Nursing Dx** risk for infection r/t impaired skin integrity and compromised immune system  
**Expected Outcome** the pt will maintain intact skin without redness, swelling, or drainage at the end of shift

### Interventions

1. Monitor skin integrity and hygiene regularly
2. Monitor VS, temperature and WBCs
3. Administer antibiotics as prescribed
4. Follow standard precautions

**Evaluation-** the pt maintained intact skin without redness, swelling, or drainage at the end of shift.