

**FIELD EDUCATION**  
**The Log**  
 Lynn Williams-Martin



**Week # 13**

**Hours This Week: 8 Total Hours: 104/ 120**

<b>HOURS SPENT / TASKS &amp; ACTIVITIES</b>	<b>REFLECTIONS    JOURNALING    THOUGHTS    PROCESSING</b>
<p>6 hours spent visiting patient, praying and comforting them            2 hours spent debriefing and charting notes on patients</p>	<p>Today I am on my own. Two of the chaplains are out on vacation. I have a list of about thirty patients to visit. I needed to find a quiet place to sit and prepare myself for today. As I went from room to the room, the patients became more and more challenging. Some of them I spent more time with, because they needed someone to talk to. One patient I met with she was dissatisfied with everything. She was depressed and lonely. She told me she lost her husband and mother in Covid. Three weeks before coming to the hospital her sister died. She had a massive heart attack and was unable to walk. I listened to her attentively and asked myself what can I say to her to comfort her. She said to me, "Me and God is not in a good place right now." I knew I had to get her to understand that God knows her pain and she can trust him. It was not easy getting through to her but I was determined not to leave her that way. As she was talking, I reflected on the losses I experience in my life and how I was able to cope with them. While I was talking with her, I was encouraging myself also. After ministering to her for a while she finally responded by saying, "I will be in a better place with God when I come out from here." When I left her bed side she was in higher spirits. Reflecting on all the patients I visited today, I saw that people are desperately in need of coming to the knowledge of who God is. Most of the patient claimed that they are not religious but they believe in a higher power. Others said that they grew up in a particular religion but they are not active in the faith. Some of the patients expressed their dissatisfaction with the churches and their leaders. I had to keep reminding myself that I am was not visiting the patients to talk about religion, but I was coming to bring comfort to them. I had to find a way to bring the gospel to them. I understand my assignment is not to evangelize to the people but I see that the patients are in need of a savior. This day was very difficult for me but at the end of the day, I found joy and fulfilment in what I was doing. I am convinced that this is what I am called to do.</p>

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**MEETING(S) WITH MENTOR(S) || TOPICS OF DISCUSSION || REFLECTIONS**

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