

Daniel Cedeno

Dr. Ibiezugbe

Alliance University

Pediatrics

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On Apr 11, 2023 I was assigned to a 18 year male was admitted for a Hereditary Sensory & Motor Neuropathy. It is progressive disease of the nerves with weakness and numbness more pronounced in the legs than the arms. Some other complications he has are as follows (Type 1 DM, Friedreich's ataxia, SVT, and Scoliosis). Friedreich ataxia (FA) is a rare inherited disease that causes progressive damage to your nervous system and movement problems. Nerve fibers in your spinal cord and peripheral nerves degenerate, becoming thinner. He was placed on Orthostasis + Fracture Precautions. He needs a motorized wheelchair to get around since he doesn't have the strength to walk on his own. I took his vitals (HR: 74, BP:99/58, T: 98 F, O2:100). I was able to take a finger stick sample to check his blood glucose by glucometer. The nurse noticed 106/60. That 60 was the number of grams that the patient was expected to eat. She also showed me a way on how to determine the number of units of insulin that's required to give. You have to take note how many grams are expected to eat during his breakfast, lunch, and dinner. I don't remember the values that were on the chart but I was able to administer 7 units of Insulin (Novolog) on his right Tricep area. I also gave his medication which consisted of (multivitamin, Colace, and Corgard). This patient was slightly easier compared to my other previous patients. My patient was scheduled to go to school so luckily I was able to complete my assessment and meds with him. With the leftover time I had, I was able to help my other colleagues with their patients with trach ties and trach suction. I would say that communication

was effective today since the nurse and I were able to gain the fathers trust in allowing me to practice my assessments skills on his son and administer his insulin in order to treat his Type 1 DM. A biblical scripture I used to meditate in this clinical would be "Be strong and courageous; do not be frightened and do not be dismayed, for the Lord your God is with you wherever you go" (Joshua 1:9). Even though his condition could progressively get worse, I pray that some physical therapy can ease any pain that he may have and not make his journey a difficult one.