

1. Karen Horney disagreed with Freud's theory of penis envy. Similarly to my weekly discussion post regarding this, I discussed that Freud believed the culmination of having a penis is what creates feelings of feminine inferiority and self hatred. Instead of an innate desire, Horney believed this obsession is founded upon cultural and societal influence instead of innate origins. The current world is dominated in a male perspective from religion to politics, a women's role is ruled in a submissive and inferior standard. This leads to stagnation and hostility to one another.
2. Hypercompetitiveness is the idea that a person is driven to reach personal success at any cost. The journey to attain this can be rife with anxiety and neurosis and prove to have a negative outcome on growth and development. Neurosis explains and characterizes the types of people that look for approval and success.
3. Horney explained some ways most people use in order to cope with their inner conflicts and interpersonal relationships. Such as blind spots which aims to block out anything that contradicts their actual and idealized self. Compartmentalization of actions or beliefs, by doing this they are able to validate certain actions which can be seen as wrong. Rationalization is the ability to create excuses for one's self in order to justify a mishap. While excessive self control is the need to control and restrict one's expressions such as rage, however this can lead to build up and risk for an even intense outburst later on.