

## Lesson 12 Class Activity: Qualitative Research Method (Group Discussion)

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**Scenario #1:** You are interested in understanding the ways in which adults who experienced abuse or neglect as children have processed their experiences. In particular, you would like to learn more about experiences or activities that have helped abuse survivors be resilient and overcome past trauma.

- What types of qualitative research design might be appropriate for studying this research topic? (E.g., narrative, phenomenology, ethnography, case study, grounded theory) Why was this design chosen?
- What type of data collection method is appropriate or do you want to use? (E.g., participant observation, in-depth interviews, focus groups)
- What questions could be asked if you choose the in-depth interview?
- If observational data are collected, what contents would you want to include in the progress notes for qualitative analysis?

A narrative qualitative research design could be an appropriate approach for studying this research topic. This approach focuses on exploring individual stories or experiences related to a particular phenomenon and aims to understand how individuals make sense of their experiences and construct their own narratives to make sense of their lives. In the case of studying adults who experienced abuse or neglect as children, this approach would allow for an in-depth exploration of their experiences and the ways in which they have coped with and overcome past trauma.

It could also help to shed light on the unique challenges and barriers that individuals who experienced abuse or neglect as children may face in their process of recovery and healing. Overall, a narrative qualitative research design could provide valuable insights into the experiences of abuse survivors and could inform interventions and support services for this population.

The most appropriate data collection method for this research would be in-depth interviews. This method would enable the researcher to gather rich and detailed information about the participants' experiences, perspectives, and emotions. It also allows participants to speak openly about their experiences and provide their unique insights, which is essential to this research topic.

Possible questions could include:

- Can you tell me about a time when you experienced abuse or neglect as a child?
- How did you cope with those experiences at the time?
- How have these experiences impacted your life?
- Have you sought any support or treatment for these experiences? If yes, can you tell me about your experiences with these services?
- Are there any particular experiences or activities that have helped you in your journey toward healing and resilience?
- How have you managed to overcome the challenges associated with your past experiences of abuse or neglect?
- Can you tell me about a time when you felt particularly resilient in the face of trauma?  
What allowed you to feel that way?