

Kenu Howard

Reflection Journal 5

Field Placement

At this point in my internship journey, I found it very difficult to juggle the classes, working fulltime plus extra hours to pay my rent, and the hours. I listened at the start of the semester when Professor Roberts warned us about letting other classes take precedence over this one. When she said this, I said to myself “that will NOT be me.” My confidence came from the fact that I was doing so well when I first started. Granted, I am excelling in my other classes which makes me happy, but I do feel disappointed in myself for allowing myself to fall behind in this class.

At this point in my journey, I am also able to identify that it was not wise to choose an internship that only gives me a one-hour window Monday through Friday after work. This is all a learning experience not only for next semester, but for my career as a whole. I can do this. I will do this. I HAVE to do this. But it is extremely important to choose wisely when taking on these types of commitments.

All in all, one of the more valuable lessons that I have learned at this point is, even if you are competent at what you do and you mean well, it is ineffective if you are not organized. Time management truly is everything. Going forward, I want to stop and be mindful as well as prayerful before committing myself to anything. I will make it a point to consider all of the factors that are involved in taking things on. This was eye opening because in the future, I do not want my clients to have to suffer due to my oversights. This is uncomfortable, but I am so grateful.

