

SPIRITUAL JOURNEY MENTORING GROUP



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From inception, discipleship plays a significant role in leadership. God establishes an administration system rooted in discipleship, and this paper will feature the records reflections of our Mentoring Group meetings throughout this semester. The group is exclusively for men. The goal is to mentor men that will duplicate themselves and embrace other men into the journey of change. I believe that a transformed man will transform his home, community, county, state, and nation.

Brief background of the Mentoring Group:

My group consists of five men. No restrictions, exclusively for adult Christian Men but open to unbeliever also; the group is geared towards soul care from any culture and race living and working in the metropolitan area seeking to connect with like-minded people to learn, share, and develop intimation with God and other members of the Mentoring Group James Baker, former secretary of state, stresses the value of preparation with the Five P: Proper Preparation Prevents Poor Performance. The success of the Mentoring Group is directly connected to the amount of time, the prayer we put in preparing each meeting.

Leader guide for spiritual journey

The leader guide was a trementous tools , like a compas for traveller or in the mordern term “GPS” it provided detail information withh practical steps.

Leader guide for spiritual journey.

inviting Participants to the Group

Sample of the invitation email to those I had in mind Hi ____ My name is Hervé land. I am so excited that you will be part of our Fall Mentoring Group! I wanted to shoot you a quick email to introduce myself and give you some details about our group

Weekly Chapter Breakdown

Day 1 Read the entire chapter in Spiritual Journey.

Days 2 & 3 Reflect on the Mirror Moment and record what the Lord shows you so you can share it with the group. For instance, if a picture comes to mind, sketch, paint, or write out the description and what you feel the Lord is saying to you about it.

Day 4 - Read the Obstacle section of the chapter again and ponder how this obstacle affects your life. Record what the Lord showed you.

Day 5 - Read “The Way Through” portion of the chapter again and indicate how you will incorporate the discipline highlighted that week.

Day 6 - Practice. Engage in the “Practice” section of the chapter. Wait in stillness before the Lord for any other specific things He would like you to show you. If you feel resistance toward this practice, linger in the presence of the Lord to identify its cause. Record your findings in your journal.

Day 7 - Be sure to take your journal and/or creative element to the group to verbally share with everyone what the Lord showed you this week.

Group Schedule:

10 minutes. Signing into Zoom / Turning on camera/ Greeting

Leader welcomes everyone, opens in prayer, and gives a quick background of this week's focus.

Journal or Sketch Pad

I encourage each participant to have his own journal, or sketch pad, as they reflect on the different Mirror Moment topics. I emphasized on spending time alone during the week, reflecting and expressing these reflections through writing, drawing, painting, sculpting, photography, or by some other creative means.

The group's purpose

In the first meeting I shared the group's purpose and vision. The group is to create a true community by attentively listening to each member's story and sharing in turn. Hearing another person's story often bypasses our own self-protective walls to unlock areas that need attention in our own soul. As a result, people may get emotional when hearing someone else's story, because the Holy Spirit is stirring up deep places. Each person is to discern the Holy Spirit's work in his or her life and voluntarily share those pieces with the group. The people listening are equally important and necessary for the speaker as they provide a true community 'with the person. Given the time frame of the group, all group members may not share their journal or creative element each week. The leader must invite quiet observers to speak, because they may be happy to remain silent.

Release Your Voice

I encourage any and all art forms to be brought to the group and shared. For some people, sharing this part of themselves will be new and scary. Honor them and listen intently to the way they express their story. For some people, talking in a Mentoring Group will be easy. For other people, drawing, sketching, painting, sculpting, weaving, needlepoint, stamping, photography, etc. will be the avenue of expression that helps them work out their feelings and/or pain. Each form is valid and valuable for the person to release their voice.

Prayer

I encourage the group to go straight to prayer, or this time will be used by group members to give their opinion, advice and/or wisdom to the person who spoke during the group. Ask the group to wait for the Holy Spirit before praying for the individual. I divided into two group.

Suggested Group Format

We all Agreed to pay attention by turning off phones, giving eye contact to the individual talking

I develop a listen ear to listen intently to the way they express their story.

Week 1: FIRST NIGHT OF THE GROUP

Week one: Introduction

WEEK ONE:

The first meeting is critical. A lot of preparation goes into making the first meeting successfully because once we get the first meeting right, other sessions will draw momentum from the first meeting. Before the first Mentoring Group meeting: We must have the objectives, to get the objective of the Mentoring Group, when: Online through Zoom every Friday 7–8 pm How: Mentoring / Group discussion/ What: We will be discussing **Walborn's book, *Spiritual Journey: Can I Really Get Close to God?*** We will send you the chapter to reach each week electronically. Be sure to keep up with your reading and come to the group prepared to participate in the discussion. In addition, I Played the Welcome + Principles Video inviting the group to intimacy with God. The video explanation of the principles. (<https://www.youtube.com/watch?v=0xYoOxkukTA&t=5s>)

I also provided the link from amazon for the member to purchase a copy of the book

<https://www.amazon.com/Spiritual-Journey-Can-Really-Close/dp/1952025206#:~:text=Wanda%20Walborn%20challenges%20readers%20to,presence%20and%20power%20of%20Christ.>

I emphasized on

Show Up - come into the presence of the Lord just as you are regardless of sins, fears, or imperfections.

Engage - stay open emotionally, do not resist the presence of God.

Listen - allow yourself to be still as you wait before God, even if it feels uncomfortable.

Open Up - be willing to say yes to God.

Receive - accept the Lord's love.

Step Up - you are ready to do what God says. Simply put, obey.

Week two:

Chapter 1. Prerequisite for the Spiritual Journey: Desperation Obstacle: Refusing God's Love The Way Through: Discipline of Yes Practice: Prayer of Intention

Week three:

Chapter 2. Spiritual Journey: What It Is and Why It's Important Obstacle: Fear of Rejection The Way Through: Overview of Spiritual Disciplines Practice: Reading the Bible

I encourage the group to write their fear on the white board in the zoom and the list was mind blowing, the list gave an idea what the members of my are struggling with. But when I wrote my fear on the board, it gave more confidence to other go deeper and real stuffs began to come out.

Week Four:

Chapter 3. Belonging: A Place Where I Am Accepted as I Am Obstacle: Shame The Way Through:
Discipline of Community Practice: Asking for Help

Week Five

Chapter 4. Brokenness: The Area of My Life I Hope No One Ever Finds Out about Me Obstacle: Anger
The Way Through: Discipline of Forgiveness Practice: Prayer of Forgiveness

Week six:

Chapter 5. Intimacy: God's Desire for Me Obstacle: Lies The Way Through: Discipline of Honesty
Practice: Meditation

Week seven:

Chapter 6. My Identity in Christ: Fostering My Relationship with Jesus Obstacle: Fear The Way Through:
Discipline of Spiritual Warfare Practice: Journaling

Week eight:

Chapter 7. Hearing God's Voice: "Is That You, God?" Obstacle: Noise (Outward and Inward) The Way
Through: Discipline of Listening Prayer Practice: Keep Coming

Chapter 8 will be cover after Easter In the introduction I stated that the discussion will run for eight
week , the group uniformly agreed to get together in person after Easter to discuss chapter 8

Chapter 8. Character: Who I Am When No One Else Sees Me Obstacle: Temptation The Way Through:
Discipline of Submission Practice: Others May, You May Not Afterword Where Do I Go from Here?

Preparation for the Mentoring Group:

Once someone signs up, follow up immediately, twenty-four-hour but not exceed forty-eight because once people sign up, they are excited, and we must be ready and respond promptly to email, phone calls, and messages. Leading a Mentoring Group require a lot of dedication and work. Now, we are just one week from the kickoff of our Fall Mentoring Groups! Here are five easy things we can do to make sure your group starts strong. Remember, the first meeting will permanently set the momentum. As leaders, we must prepare, communicate, and layout our Mentoring Group's objectives, goals, and mission.

- 1 - Call everyone signed up for your Mentoring Group. A personal call is so important. Answer any questions and give details about the group.
- 2 - Email everyone signed up for your group. Remind them this week that your group begins in just one week. Send them your group Syllabus and the Day/Time/location information for your group (include your Zoom link and Password). Email them this week, next week, and the day before your Mentoring Group!
- 3 - Plan out your first Mentoring Group Meeting. You can look at the Discussion Guide for the first Mentoring Group. Go ahead and plan out your first Mentoring Group and make sure you have everything you need!
- 4 - Pray daily for your group members. Your prayer makes a difference in the lives of those who sign up for your group. Make sure to be lifting them! After all the planning it is time to show up, here is the blueprint of the itinerary of our first meeting. Itinerary for our 1st Mentoring Group Meeting/ Fall 2021 Mentoring Groups

1. First 5 Minutes: Allow people to log in online, talk. (Login 5-10 minutes early)
2. Introductions: Have everyone introduce themselves and share what they do, where they are from, and why they decided to join the group – 10 min.
3. Online Ice

Promotion of the Mentoring Group through story driven, narrative-driven, benefit-driven. We can also use the Mentoring Group videos from the member of the group sharing their story with soft piano music to tell people about the next Mentoring Group in our digital contact. In my case

I have already discussed with Sister Helen to take her story to the next level to inspire other to join the Mentoring Group Leading small online vs. physical: It is difficult leading a Mentoring Group online. It requires extra preparation and training. It is very different from having a Mentoring Group in person. Here are some tips I apply to ensure the success of the small online group: - Make it accessible and easy for everyone; thankfully, we have new technologies that have come into the world to enhance our online meeting. A little easier to make it accessible for everyone, like zoom. I have used another platform before but zoom simplifies the process not trying to promote Zoom, but whatever you choose, so it's whereby zoom Skype, whatever it is. Make sure to get whatever premium membership that they offer. Zoom has a free version limited to 40 minutes per session, so a Mentoring Group leader the free version is the best option. Provide a digital copy of the teaching outline and syllabus. Keep the people engage throughout the week with simple assignments reading the word of God together; there is also the app "Dwell or Your version" for Bible listening through custom listening plans for the Mentoring Group. A Mentoring Group leader's goal is to host a compelling conversational Bible study (Be an active listener and speaker). It creates a healthy environment where people can say something wrong, without being judged. 11 Snapshot of few our meeting: