

Nyack College SON- Concept Map

Student - Ryan Julien
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Nursing Dx: Constipation

Expected Outcome: Pt will be able to have one bowel movement in 12 hours.

Interventions

- Encourage fluid intake by 1.5-2L in 24 hours
- Auscultate abdomen for sounds of activity
- Encourage fiber intake by at least 20-30g
- Initiate a “toilet schedule” to encourage bowel elimination.

Evaluation-

- Pt was able to pass a bowel movement within 14 hours if treatment.

Nursing Dx: Ineffective breathing pattern

Expected Outcome: Pt will maintain an effective breathing pattern at a normal rate without signs of dyspnea

Interventions

- Collect blood ABG levels
- Auscultate lungs every 2 hours
- Administer nebulizer treatment
- Position in high fowlers position

Evaluation

- Pt was able to maintain an effective breathing pattern and showed no signs of excessive respiratory effort.

Past Medical History

Asthma
Constipation
Allergies: dog hair

Medical Diagnosis & Assessment

Medications

Azithromycin 200mg/5mL
cefTRIAxone 2000mg
methylPREDNISolone Na
30mg
Famotidine 8.8mg

Nursing Dx: Readiness for enhanced nutrition

Expected Outcome: Pt will completely finish at least one meal within the next 6 hours

Interventions

- Offer pt’s favorite meal or dessert to encourage eating.
- Assess pt’s BMI and appropriate amount of kcal for their age and BMI
- Assess the pt’s eating habits/patterns
- Refer pt’s parents to nutritionist

Evaluation

- Pt was able to finish 2 meals within an 8 hour period.

Nursing Dx: Risk for decreased activity tolerance

Expected Outcome: Pt will be able to ambulate at least 50 feet without feeling short of breath.

Interventions

- Create and set realistic goals for the pt to achieve
- Encourage physical activity with frequent breaks in between sessions
- Perform in bed ROM exercises within pt’s range of ability
- Monitor pt’s Oxygen saturation while performing physical activities.

Evaluation

- Pt was able to ambulate more than 50 feet without experiencing shortness of breath or lethargy.