

Esmeralda Sime

Apr 12, 2023

Spiritual formation

Final presentation

On the day of the Final Exam, you will show a 3 minute creative video presentation of what you learned from this class. Creative means you write your own song, poem, spoken word or story of your journey. You will incorporate the readings, at least 3 lecture topics, assignments and activities you have participated in this semester. **BE CREATIVE!!** The rubric for this presentation is found in the syllabus and below.

Deep within my soul,

A longing stirs and grows,

To know the One who made me whole,

And follow where He goes.

Learning what it is to be guided by God is a spiritual journey

Everyone has a different journey.

For me to grow emotionally and spiritually

Engaging in practices such as

mindfulness meditation, therapy, journaling, and regular self-reflection.

With every breath I take,

I feel His presence near,

And as I have learn to truly awake,

My doubts begin to disappear.

Faith has always been a problem for me

Since i don't always believe in what I don't see

This class has taught me otherwise.