

Margaret Spellen

SWK554

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Reflection 11

Discuss the three primary reasons why AA may work for some people.

AA may work for some people because of the social concept of allowing people to tell their stories and to be who they are, and a meeting in this fashion allows the space for helping people to feel accepted and understood. The feeling of support from the group and knowing that they are not the only ones going through the disease of alcoholism. Lastly, AA promotes self-determination with step-by-step guidelines that empower the individual, especially when they feel that they're losing control of their lives.

Discuss several problems related to the deinstitutionalization of the mentally ill.

E. F. Torrey "referred to deinstitutionalization as one of the largest social experiments in American History and not a successful one." (Ashford, 2018, pg. 444). These are several of his findings: There are twice as many people who are homeless and in shelters than in psychiatric hospitals. There are many people with mental illness in jails and in prisons. People with serious mental illness are returned to the streets with no provisions, no aftercare, and no follow-up treatment. Violence and crime being committed by people with mental illness are increasing. Housing and living conditions for people with mental illness are grossly inadequate. People that were hospitalized for mental illness after being discharged are considered "lost."

Identify several strengths and landmarks of development that are present in middle adulthood.

“Here are several strengths and landmarks of development that are present in middle adulthood:

1. Crystallized intelligence
2. Increased role-related achievement
3. More purposeful living
4. Generativity increases.
5. Job satisfaction
6. Enhanced friendships
7. Enhanced marital or partner relationships.
8. Focus on physical fitness.” (Ashford, 2018, pg. 445).

Ashford, J. B., LeCroy, C. W., & Williams, L. R., (2018), **Human Behavior in the Social Environment: A Multidimensional Perspective.** 6th ed. Cengage Learning.