

Respond to the questions below based on your review of Chapter 9 Middle Adulthood.

1-Discuss the three primary reasons why AA may work for some people.

AA may work for some people, and not ALL people is why some of the structures of AA with its religious background. AA historically has a 12-step program where they “work the steps”. This structure works for most people who attend the program and try to conquer drug addiction. Some do not believe in the program's success rate, and others are culturally concerned about this program. As someone that knows about alcohol problems and how it can affect the people and places, and things we are attached to. AA is a great program, but I also believe there are other ways to accomplish not having dependent on alcohol. I have seen that alcohol started as something social in most societies. It went from social to sinful quickly. My brother passed away due to alcohol poisoning at 39. I never expected that he drank that much,

2-Discuss several problems related to the deinstitutionalization of the mentally ill.

Mental illness in America is getting to alarming proportions 57.8 million Americans aged 18-65 have AMI or any mental illness, according to the national institute of Health. When we deinstitutionalize a vulnerable population, we can cause a shift in society. I understand I have been around mental illness and never understood it. Now if we do not have a place for people to get help, they will be on the streets. Mental illness, if untreated, can get worse, then you will have homeless people with mental illness on the streets lashing out at people. Increases in homelessness, suicide, and violence will run rampant in a society that deinstitutionalizes mental illness.

3-Identify several strengths and landmarks of development that present in middle adulthood

The strengths landmarks of development. In middle adulthood, you can encounter midlife crises that can seriously affect your middle lifespan.

Events such as losing parents or launching kids and having empty nest syndrome, These events, in particular, can cause serve stress. Whether it's losing parents or launching kids with empty nest syndrome, adult children returning home to become grandparents, or caregiving for grandparents, many things in middle adulthood can happen. Also, diseases such as cancer can wreak havoc on the middle adulthood stage. Watching my stepmom through the years made me think. Seeing my mother go through certain situations, such as mental problems and addiction issues in her latter middle adulthood, seems to make sense. The psychological, physical, and social effects. My mother's physical fitness and mental health

decline, It saddenend me to see her decline, but now its great to see the reasons why this can happen to future clients.