

HBSE II

Reflection #11

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1-Discuss the three primary reasons why AA may work for some people.

It provides a needed social context to address the issue of alcoholism. It provides a space for people who struggle with alcohol addiction to discuss their issues and have people that can relate to their challenges.

It provides people with support from individuals who are going through the same things that they are going through. Many times those struggling with addiction feel that no one can understand what they go through because those that are criticizing them have not gone through it themselves.

It provides people with a blueprint on how to be successful in breaking their addiction to alcohol. It gives them a step by step guide on how to deal with the issue.

2-Discuss several problems related to the deinstitutionalization of the mentally ill.

Problems related to the deinstitutionalization of the mentally ill are as follows: There are twice as many people living on the streets and shelters than in public psychiatric hospitals, There are an increasing number of people with serious mental illness in jails, people with serious mental illnesses are routinely released from hospitals back onto the streets with no after care plans for them, violent acts are committed by people who have untreated mental illness, there aren't adequate housing for those who suffer from mental illness, and law that is supposed to protect the rights of those who are mentally ill just seem to protect their right to remain that way.

3-Identify several strengths and landmarks of development that present in middle adulthood

The following are the strengths and landmarks of development in middle adulthood: Crystallized intelligence (Wisdom that is achieved from experience), Increased role-related achievement, more purposeful living, generativity increases (when you care about giving back to the community or

society as a whole), job satisfaction, enhanced friendships, enhanced marital or partner relationships, and more focus on physical fitness.