

## Reflection 11

1-Discuss the three primary reasons why AA may work for some people.

AA may work for some people due to its structured recovery if the individual follows the steps. It also allows for helpful slogans and encouraging members to schedule meeting of attendance. I like how the program allows for a buddy for extra emotional support by providing advice.

2-Discuss several problems related to the deinstitutionalization of the mentally ill.

They are people with mental health issues in jail. Among some of the other problems related to the deinstitutionalization they include increase number of people without follow up treatment, increase in violent acts and twice as many people living in streets and shelters as they are in psychiatric hospitals. In New York City there is currently a crisis going on with people and the access to care because far too often we think homeless individuals have a mental diagnosis when in reality we should be focusing more on follow up treatments for those released from hospital with little aftercare.

3-Identify several strengths and landmarks of development that present in middle adulthood.

Some strengths and landmarks of development in middle adulthood include job satisfaction, focus on physical fitness, more purposeful living, and enhanced marital and partner relationships. During Middle adulthood age people are becoming more focus on settling with one partner and on their health because they want to look good and feel good due to increase of diseases. People also want job satisfaction and look forward to finding a job that makes them excited to go work every day which all can lead to purposeful living.