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Casting all your care upon him; for he careth for you.” _ 1 Peter 5:7

In this week’s clinical rotation, I had the opportunity to care for a 14-month-old female. Her medical diagnosis was urinary tract infection and failure to thrive. While in the care of this patient, my peers and I were able to perform our nursing assessment and interview the mom’s patient regarding the eating habits of the child, and care. The patient’s lung sounds and heart sounds were remarkable. Nevertheless, we were able to tell that the patient had mild dehydration.

During the time taking the patient’s vital signs. The nurse asked me to help her translate for her as the patient was Spanish-speaking only. While interviewing and assessing the mom’s feeding schedule for the child and seeing how little breast milk the mom produces. The nurse told us that this is the reason why the child is underweight and is failing to thrive. I observe that the child just likes to be breastfed and does not like bottle feeding at all. However, the mom does not produce sufficient milk to sustain the feeding calorie intake of the child. The doctor's solution to this complex situation was to make the mom pump her breast milk and feed the baby with breast milk in a bottle.

When bottle-fed the child, she did not want to take the milk despite that it was breastmilk. Then switching to the breast the child started crying hysterically as the breast was empty. This situation was very challenging as we could not comfort the child despite all the things that we tried to stop her from crying. The biggest accomplishment on this clinical rotation was to be able

to educate the parent regarding this what she can do to comfort her child and eating schedules, and how to properly clean the genitalia of the child to prevent further urinary infections.

As a nursing student, there is always room for improvement such as tailoring the nursing assessment more in-depth to the patient's condition and performing the interventions based on the assessment results. As a Christian and nursing student, casting my knowledge, compassion, and love to be the guide to allowing me to care for others are essentials of the Christian character as an individual and one day as a nurse.