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NUR392C

Journal #2

This week, I was assigned a patient with Prune Belly Syndrome. I had never seen anyone with this condition, and I was curious to know more about it. I learned that this condition, also known as Eagle-Barrett Syndrome, is when a person is born without their abdominal muscles. My patient was only 2 years old. He was adorable and did not seem to understand what his diagnosis was. His mother was very sweet and kind. I was able to take his vitals and administered medication under the guidance of my Clinical Instructor. I also gave my patient a bed bath under the mother's request and my patient did not enjoy it. It was a little difficult to find time to do a full physical assessment on my patient, because he was busy eating or had to go to physical therapy. In between, I would try to interact with him. My greatest accomplishment was being able to communicate the needs of my patient's mother. She wanted him to have a bed bath and a change of his bed sheets, which I was happily able to comply. I relayed our conversation with my nurse Nicole about any concerns the mother had. There was a little language barrier between the mother and I, but through gestures and facial expressions, I was able to understand what she needed from me. Something I can improve on is being more confident in administering medications. Even though I learned how to give medication, I still second guess myself because I am not confident. I wonder if that day will ever come. A Bible verse that resonated with me this week is from 2 Timothy 1:7 (ESV) "for God gave us a spirit not of fear but of power and love and self-control." I chose this verse because I tend to be timid and fearful when it comes to taking care of immunocompromised children. I know that God is giving me the strength every

time and that He is working through me. I want to challenge myself to pray before I meet my patients and to pray for their well-being and their health. I believe that God is always with me no matter what.