

# FIELD EDUCATION

## The Log



Week # 10

Hours This Week: 39 Total Hours: 361 / 360

HOURS SPENT / TASKS & ACTIVITIES	REFLECTIONS    JOURNALING    THOUGHTS    PROCESSING
<p><b>8 hrs</b> - Sunday ministry</p> <p><b>7 hrs</b> - Saturday ministry (lunch with church member + late night prep for Easter Sunday)</p> <p><b>4 hrs</b> - Daily prayer and meditation (Daily Soul Care) as required by mentor</p> <p><b>4 hrs</b> - meeting with mentor throughout the week</p> <p><b>3 hrs</b> - Good Friday hangout night</p> <p><b>3 hrs</b> - preparation and leading weekly Genesis Bible study</p> <p><b>3 hrs</b> - Completing required assignments with mentor</p> <p><b>2 hrs</b> - Prayer Ministry (Tuesday night &amp; Thursday night)</p> <p><b>2 hr</b> - Sermon prep / practice</p> <p><b>1 hr</b> - Developing high-level production of online devotionals (test recording and filming)</p> <p><b>1 hr</b> - creating digital content (online devotionals, preparing for online launch, managing fb)</p> <p><b>1 hr</b> - Connecting with church members (making calls, chatting online, inviting to church and Bible studies)</p>	<p>I can't believe it is over. 360 hours of internship to complete in 10 weeks was way too much to do during my final semester. I only did it out of necessity and will not suggest anyone to do so. In all honesty, doing so many hours in such a short time did not work well to produce quality time. Although I worked hard and did my best to be attentive and active throughout my ministry, hoping to create lasting relationships and bonding moments were a stretch. Although my hours will not be as intense anymore, I am actually glad that I will continue connecting and working with members of Gateway Alliance Appalachin.</p> <p>More than anything, I am thankful to God who helped me through this process. I dreaded this semester and managing it was actually tougher than I could ever have imagined. Whilst I failed and struggled for many hours and days, I am thankful that soul care, self-awareness, quiet time with God, and many spiritual disciplines that I gained through ATS were all put to practice. I would dare not to plan my ministry schedule like I did this semester going forward. But it is rewarding to know that healthy disciplines and boundaries actually do work!</p> <p>Now, I am focused on completing all my assignments and what I should be preparing for after graduation. I will be lying to say that I am not nervous. However, knowing that God has provided for me all these years and my time at ATS, I know that fear and anxiety is the last thing I should have. I will continue to seek the Lord who will give me knowledge and wisdom on how I should proceed. I will be heading off to Chaplain's Basic Officer Leadership Course on 5/17 to South Carolina for three months. Right now, I know that God is calling me to spend quality time with my wife. As I have learned to work hard when required, I will learn to rest without anxiety.</p>

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### MEETING(S) WITH MENTOR(S) || TOPICS OF DISCUSSION || REFLECTIONS

As the last week of my internship was during Easter, it was a lot busier than I originally imagined it to be. However, pastor Mitch was more than willing to give me time and process our time in ministry together. I am thankful that I had such a graceful, understanding, and passionate leader to intern under. I will continue my relationship with him, at Gateway Alliance or another, and work on projects together. We planned to continue meeting, now as colleagues more than mentor-disciple relationship.

In all my time together with pastor Mitch, what really made the biggest difference was his graceful, affirming, and yet empowering posture. He never treated me like I was someone less than himself. He made himself readily available and let me know when he will be busy. He was never intrusive with requiring time and energy but made sure to let me know when busy weeks/ministry were ahead. He always had a planner with him and taught me how to use mine as well.

Through my relationship with pastor Mitch, I see now that a great leader is not one who has great skills or gifts, but one who is willing to partner and meet you where you are. Mitch is one of the most relatable person I have ever met. He seeks to understand others and slows to judge people or situations. His thought always begins with the benefit of the doubt which clearly protects him from jumping to conclusions or agitation. Although young, he clearly did his work to become a mature person. I am thankful I had the opportunity to learn from him. I am excited, even more, to be friends with someone like him for the rest of my life. Through this internship, I built a brutally honest, loving, and caring friendship and I am excited that I will continue to have community of faith that understands the depth of soul care and self-awareness as the colleagues at ATS did.