

FIELD EDUCATION

The Log



Week # 4

Hours This Week: 38 Total Hours: 154 / 360

HOURS SPENT / TASKS & ACTIVITIES	REFLECTIONS JOURNALING THOUGHTS PROCESSING
<p>8 hrs - Sunday ministry</p> <p>6 hrs - Saturday ministry</p> <p>5 hrs - "Game night" young adult ministry</p> <p>4 hrs - preparation and leading weekly Genesis Bible study</p> <p>3.5 hrs - meeting with mentor throughout the week</p> <p>3 hrs - Daily prayer and meditation (Daily Soul Care) as required by mentor</p> <p>2.5 hrs - sermon prep / practice</p> <p>2 hrs - Daily prayer for ministry and "AK"</p> <p>2 hrs - creating digital content (online devotionals, preparing for online launch, managing fb)</p> <p>1 hrs - vision casting / planning for potluck Sunday</p> <p>1 hr - Connecting with church members (making calls, chatting online, inviting to church and Bible studies)</p>	<p>There was an accident in Sidney, NY (Gateway Alliance church main campus) that left a middle school student hospitalized. She was struck by a drunk driver on her way home from school. This brought the whole community together to pray and support her. On this very Sunday, while pastor Mitch was preaching at the Sidney campus, a middle aged man in the congregation had a stroke and was transported to a hospital nearby. Clearly, our ministry team recognized that there is work of the enemy and began praying against it.</p> <p>As do many tragic events, the accident of "AK," brought many people to ask questions and to pray for her. Although we know that the enemy meant it for evil, we are astounded to see that God is working it out for good. Although I do not live near Sidney, this really gave me the opportunity to pray for a place and community as if it was my own. As I have been lead to participate in ministry in upstate NY through this course, I am learning to love and care for people that are quite different from me. I am thankful to participate in prayer as if I am praying for my own people.</p> <p>The events of this week reminded everyone that we are all here for a short time. Although tough, it became an opportunity for us to speak life into people and be reminded again that we are to live for the Lord. We are continuing in prayer and trying to find opportunities to console and care for those in need. We hope that this will be a "wake up" moment for the people of Sidney and Appalachin and for Christians to yearn for a deeper relationship with the Lord.</p>

MEETING(S) WITH MENTOR(S) TOPICS OF DISCUSSION REFLECTIONS
<p>Continued our discussion about finding proper rest through busy seasons of our life. One of the many things that stood out from our discussion was the need for me to better delegate work. Pastor Mitch noticed that, in planning for events, I am often doing too much. I take on all the responsibilities and commitments instead of allowing others to work together as a team. Furthermore, he believes that I can be more open to ask for help and receive support</p>

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from other staff. We decided to pray about this and for me to do more self-discovery on what is prompting me to think that I need to do it all on my own.

In the past, when I was a middle school chaplain at a private school right after college (2015-2017), I was given a position that I was clearly underqualified for. It was difficult to manage the workload and I did not have a team for support. Looking back to it now, I'm sure the principal wanted me to build my own team, but I was not equipped or given authority to do so. Therefore, I felt that I had to do everything on my own. I made plans, scheduled events, taught Bible class, and led any ministry opportunity at the school (K-12) all by myself. I was clearly burnt out from the overload of work after the first year. My second year did go well too. In my state of burn out, I tried to do everything that I did before, but lacked passion and quality of work decreased significantly. Sadly, I did not have an opportunity to learn from this. I decided to move on from my position by the third year.

Knowing this past, pastor Mitch and I discussed how we will better manage workload going forward. I am to be brutally honest with him about how I feel and continue to discuss what would be a more effective approach to managing my time and energy. I am also challenged to trust others and learn to share workload. Even if they do not produce the quality of work that I desire, that will be an opportunity for me to grow and to help them grow as well.