

FIELD EDUCATION

The Log

83



Week # 3

Hours This Week: 33 Total Hours: 116 / 360

HOURS SPENT / TASKS & ACTIVITIES	REFLECTIONS JOURNALING THOUGHTS PROCESSING
<p>8 hrs - Sunday ministry</p> <p>8 hrs - Saturday ministry (extra lunch meeting with church member)</p> <p>5 hrs - preparation and leading weekly Genesis Bible study</p> <p>3 hrs - Daily prayer and meditation (Daily Soul Care) as required by mentor</p> <p>2 hrs - creating digital content (online devotionals, facebook interactions)</p> <p>2 hrs - working with staff to prepare filming and posting sunday service online</p> <p>2 hrs - sermon prep / practice</p> <p>1 hr - meeting with mentor over zoom</p> <p>1 hrs - vision casting / planning for potluck Sunday</p> <p>1 hr - Connecting with church members (making calls, chatting online, inviting to church and Bible studies)</p>	<p>Because this semester has been extremely busy, I find myself stressing over 'limited time' more than ever before. To be honest, each time anyone is late to a promise or when someone takes longer than I want them to (teamwork), I find myself getting overly irritated, annoyed, and disappointed than usual. I grew up with high stress on timekeeping. Furthermore, being in the Army affirmed my efforts in timekeeping as well.</p> <p>This week, though, I argued with my wife a few times and even had to bite my tongue when a church member was about 20 minutes late to a promised lunch. At the time I felt that my anger was justified and felt tempted to act upon it. Thank God I did not. Clearly, I am running low on energy and it is costing me in my relationships. This happened on Tuesday and I decided to take a whole day off on Wednesday to rest and recuperate.</p> <p>After some rest, I felt that I was able to better understand the perspective of others. In terms of time keeping, I am obviously more concerned over it than most of my peers. I feel that I see it as a strength. And in my pride, I put it over others to "require" them to do better. Clearly, any of my anger towards others this week was not righteous. In fact, it was driven by my false self-righteousness. Through this opportunity, I am learning that there is a lot more that I need to learn. I will continue to invest in growing in self-awareness. To those I was quick to be angry with, I have some apologizing to do this week...</p>

MEETING(S) WITH MENTOR(S) TOPICS OF DISCUSSION REFLECTIONS

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Mentor had to take a business trip and was only able to do a brief zoom meeting this week. In two weeks, we are planning to do a potluck Sunday and hope to find an opportunity for new members of the church to better connect with each other. One disconnect we want to address is how we can better provide opportunities for the younger and older generation of the church to create deeper relationships with each other. This is an ongoing conversation and we will discuss again next week to plan for how we can target this during the potluck Sunday.