

FIELD EDUCATION The Log



Week # 2

Hours This Week: 32.5 Total Hours: 83 / 360

HOURS SPENT / TASKS & ACTIVITIES	REFLECTIONS JOURNALING THOUGHTS PROCESSING
<p>8 hrs - Sunday ministry</p> <p>4 hrs - sermon prep / practice</p> <p>4 hrs - Saturday ministry</p> <p>4 hrs - preparation and leading weekly Genesis Bible study</p> <p>4 hrs - meeting with mentor throughout the week</p> <p>3.5 hrs - Daily prayer and meditation (Daily Soul Care) as required by mentor</p> <p>2 hrs - vision casting / planning for Superbowl Sunday</p> <p>2 hrs - creating digital content (online devotionals, preparing for online launch, managing fb)</p> <p>1 hr - Connecting with church members (making calls, chatting online, inviting to church and Bible studies)</p>	<p>It has been difficult to manage all responsibilities (husband, work, ministry, school) this week. In all honesty, I feel that I was mostly on auto-pilot mode in my time at Gateway Alliance, Appalachin. Last week, my problem was maybe trying too hard / perfectionism. This week, I am running low on energy. I needed to find a way to better manage my energy and quickly reached out to my mentor to speak about how I can better manage this semester. Clearly, this semester will be the busiest I will have to manage in all of my time at Alliance Theological Seminary.</p> <p>Through my conversation with my mentor, I felt the need to spend more time with the Lord. In fact, beyond Daily Soul Care devotions, I found myself spending more time alone on walks and praying. The more difficult and busy life became, I found myself craving for time with God. Through those quiet moments with God, not only was I able to process, forgive, and let go of emotional garbage, but be filled. It is interesting that I am hearing God's voice more through this process. When I am able to turn my sight from all the work and onto the Lord, I am continually greeted by God who comforts. Furthermore, I have been practicing the gift of prophecy more. Through it, I am able to find direction which inspires me to find strength for another day. I think how well I will do this semester will really depend on how well I spend time with God.</p>

MEETING(S) WITH MENTOR(S) TOPICS OF DISCUSSION REFLECTIONS
<p>I had to meet with my mentor several times this week to discuss expectations. Pastor Mitch helped me last week to process my "need" to please others through performance. Each time that came up this week I was able to speak with him in honesty. There were times where he noticed it and reminded me to slow down. I am thankful that I have a mentor that is willing to not only teach me skills, but partner with me for emotional growth so that I may become a better servant of God.</p> <p>In all honesty, I had a hard time balancing all my work today and decided to ask pastor Mitch for his opinion/guidance. Clearly, he is busier than me and has a lot more "people" time where he needs to spend a lot of energy. Pastor Mitch turned my attention to Luke 6:12-13</p>

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where Jesus, in all of his busyness, stays up all night to spend time with God. I was reminded that, more than anything, I am called to walk closely with God. I was clearly in danger of making a rookie mistake of making ministry more important than God. Mitch challenged me to spend more time with God and, more than anything, to be honest with Him. If it's hard, if I feel betrayed, if I feel alone, if I feel angry... it is important that I openly speak with Him about it. In the end, as a minister, I am called to do His work that He already began. I am not enough and I will never be perfect. But those gaps will be filled by Him!