

READING REPORT FORM  
PMN 101 – Introduction to Spiritual Formation

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With integrity, I have read this book (circle one): Thoroughly and Entirely—100%  
Signed: \_\_\_\_\_ Karla Burgos \_\_\_\_\_

Quickly but Completely—100%  
Thoroughly but NOT Entirely—\_\_\_\_\_ %  
Quickly and NOT Completely—\_\_\_\_\_ % Not at all

1). Where did this book “take you apart?” How did God use it in “spiritual surgery?”  
(please use quotes & page numbers)?

This book has sparked a reassessment of several notions for me. Primarily, it has prompted me to reconsider my bond with the Divine. While I have always identified as a Christian, I have never prioritized cultivating a deeper relationship with God. I have always acknowledged His presence, but I have never reflected upon His desires for me. Thus, this book has enlightened me about the path that He intends for me, and illuminated the reasons why forging a connection with God can be so crucial - something that I and many others were previously unaware of.

Two concepts from the book have had a significant impact on my reflections. The first is the phrase "Anything that hinders your closeness with the divine should be abandoned." This has prompted me to consider how various situations, people, and actions can create distance between me and God. Therefore, I aim to surround myself with people who prioritize their relationship with God, which will help me do the same.

The second quote that resonated with me is "Each small step should be followed by another until you come to the realization that God has given you a way to know him personally." It made me contemplate my desires and experiences in life and the reasons for both good and bad circumstances. I now understand that God has a unique plan for each person, and all situations serve a purpose, which may not be immediately apparent but will eventually be revealed with time.

2). Where did you agree most with the author? Disagree most?

In general, I found the book to be insightful, but there were a few key points that resonated with me. First and foremost, I believe that during times of hardship, we need to remember that we are not alone. We can find comfort in the knowledge that God is always with us, guiding us and giving us strength to overcome our challenges.

Secondly, I agree that it is important to listen to God's voice and follow the path that he has set out for us. By doing so, we can avoid straying from his intended plan and purpose for our lives.

Finally, I appreciate the book's emphasis on personal discovery and individual identity in relation to God. Each of us is unique, and we must take the time to explore and develop our own relationship with the divine.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

Following the road that God has set out for me is what I have learned from the book and what I aim to do now and in the future. God has a certain plan in mind for each person, as I've already indicated, and I didn't always understand that. I must learn to listen to Him, then follow His guidance when making decisions or choosing a course of action. Moreover, I'll try to put this philosophy into practice in the here and now by reflecting on the best course of action in each circumstance. If I run into a difficult scenario, I'll assume that God wants me to grow by learning something new. I shall also turn to Him if I ever have any doubts.