
Family Assessment
Create Your Family Tree!
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Fanny
Henry
Charley
Annie
Alice
Edith
Erny
The Longfellows
By Lateisha Beasley

Family Identification

Name	Age	Relationship	Occupation	Employment	Education
Mom	41	Mother	Department Coordinator	Full-Time	College
Dad	41	Father	Project Manager	Full-time for 21 years	Technical School
Son	10	Sibling	n/a	n/a	4th grade
Daughter	5	Sibling	n/a	n/a	Kindergarten

Family Identification

1. Nuclear
2. Mom- Puerto Rican; Dad- Caucasian
3. Christian
4. Soccer (both kids), jewelry making, and language acquisition (both kids)
5. No distinct roles, but more of a partnership.

Developmental Stage:

- Childbearing with school-aged children
- Both parents comes from nuclear families
- Both parents born in the US
- Both children are school-aged
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Environmental Data

- House
- Suburb, multicultural, predominantly hispanic and black.
- Car and public transit
- City water, no animals, security bell
- Mom- Boardmember of the YMCA
- Maternal grandparents live a few blocks away. They also get together with former church members.
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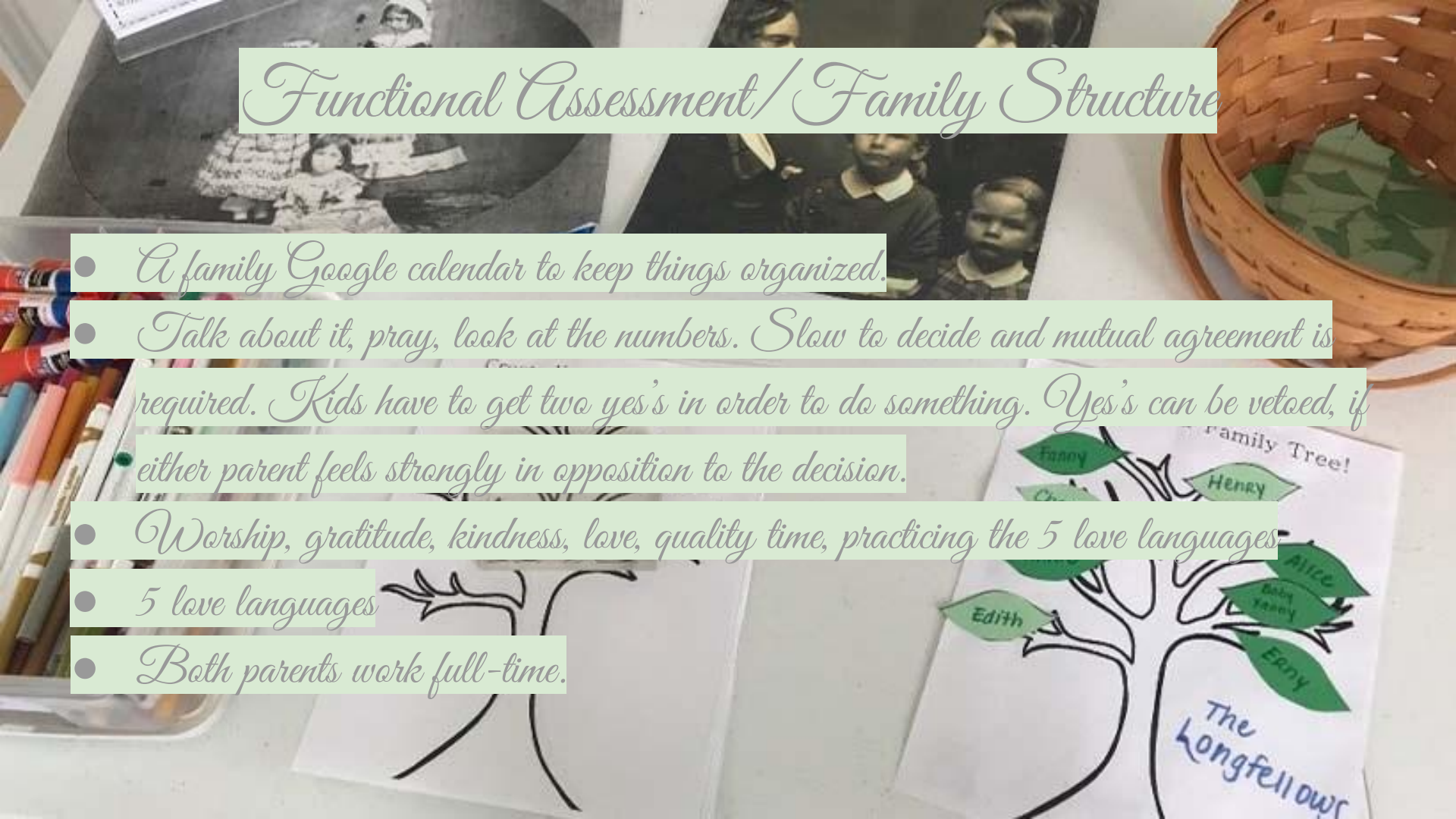
Functional Assessment/Family Structure

- A family Google calendar to keep things organized.
- Talk about it, pray, look at the numbers. Slow to decide and mutual agreement is required. Kids have to get two yes's in order to do something. Yes's can be vetoed, if either parent feels strongly in opposition to the decision.
- Worship, gratitude, kindness, love, quality time, practicing the 5 love languages
- 5 love languages
- Both parents work full-time.



Health History

	PMH	Hospitalizations	Allergies
Mom	Carpal Tunnel surgery; HTN; Iron-deficiency Anemia; C-sections	none	Dust mites, grass, pet dander
Dad	HTN, High Cholesterol; Seizures until 12 y/o	none	Dust mites, grass, furry animals
Son	Allergies; Episodic fevers, febrile seizure at 1 y/o	none	Dust mites, grass, furry animals
Daughter	Lactose intolerant; episodic high fevers	none	Dust mites, grass, furry animals

Health History

- Nutritional Intake: 3 main meals/day and 7 snacks.
- Son: very social, helps to calm other children who are experiencing behavioral issues, great social skills in public when there are formal rules and expectations set he conforms very well. At home, not the same kid.
- Daughter: very social, lots of friends, free-spirited.

Family Coping Patterns

1. Short term stressor: basement flooded twice and created $1,000s worth of damage. Mom is in a Master's program. Car repairs needed, so currently deciding between fixing the car, selling it or buying a new one.
   - Long term stressor: Career once a Masters degree is completed. Spiritual needs of the family being met, and finding a church.
2. Physical exercise, prayer, worship, reading, playing one board game per week, Pokemon Go, breathing exercises.
3.
4. Maternal and paternal parents, friends