



Family Assessment

By: Adrianna Ramirez

Family Name: Basham

| | | | | |
|---------|--------|----|----------------|---|
| Daniel | Male | 48 | Father/Husband | Director of Rehabilitation |
| Melissa | Female | 42 | Mother/Wife | Physical Education Teacher, Student Trainer, and Personal Trainer |
| Wyatt | Male | 11 | Son | Fifth grade student |

Family Identification

-Type of Family Unit: Nuclear

-Cultural Background

- Daniel: English, and Irish
- Melissa: English, Irish, and Scottish

-Religious Identification: Christian

-Recreational/ Leisure Activities:

- As a family: we love to workout, Snowboard, hike, RZR and Jeep off-road, watch football and racing, mountain biking to go on walks, travel, host parties and cook out.
- Melissa: training for triathlons, photography, cooking and baking, decorating, and shopping.
- Daniel: hunting and working out
- Wyatt: hunting, dirt biking, go-karting, and playing outside



Developmental Stage

Developmental Stage of Family: Childbearing with school-age children

History of Family Unit:

- Paternal: Nuclear non-broken
- Maternal: Nuclear non-broken

Origin of Both parents:

- Daniel: Born and raised in Texas
- Melissa: Born and raised in Arkansas

Developmental Age:

- Wyatt: school-aged



Developmental Stage Continued

How is the family meeting tasks for this stage?

- Sending him to school and allowing him to learn and grow in a supportive environment
- He participates in many team sports and
- He spends lots of time with friends and peers
- He is nurtured in his schooling even when he may not be successful
- Understands the Golden rule, but is still developing in terms of his understanding of right versus wrong
- Allow Wyatt to make his own decisions and help guide him when he needs it.



Environmental Data

Housing: House

Neighborhood:

- Rural Southeast Arizona, 9 acre property
- Both mountain and desert terrain
- Everyone in the neighborhood has at least 4 acres

Geographic Mobility: Car, truck and RZR

Water Supply: Well

Domestic Animals: 2 dogs- lab catahoula mix



Environment Continued

Safety Precautions:

- An hour from the Mexico border. Border patrol is very prominent as well as the sheriff's office.
- Wildfire evaluations as well as dust storms, flooding during monsoon season and wind advisories are common.

In Home:

- Guns are kept separate from their ammunition and locked away
- Medications are locked away and out of reach
- Security cameras at all home entrances/exits
- Fire alarms
- Seat belt is always worn in the car

Community Associations:

- Church
- Sports teams
- work

Social Networks:

- Church, sports and work
- They find their social network through their community



Functional Assessment/ Family Structure

Communication Patterns:

- Text/phone calls, during the day when they are not together
- Daniel and Melissa communicate privately as adults, they do not bring Wyatt into the situation unless he needs to be aware

Family decision Making Process:

- Decisions are made by melissa and Daniel, unless it is something they feel Wyatt should have a say in, in this case they talk about it as a family

Role Structure/Parental Roles:

Melissa:full-time job, cook, clean up house, laundry

Daniel:full-time job, mow the lawn, house work, and helping with chores

Family values:

- Respect, Being supportive, strive to be each other's biggest cheerleaders.

Functional Assessment/ Family Structure Continued

Meeting needs for children in affection, love, and understanding?

- Wyatt is well supported in all aspects of his life.
- They are a very open family and have lots of discussions about how Wyatt feels.
- Wyatt receives lots of one on one time with his parents as well as time with both parents.
- Wyatt is very well loved and understood.

Families economic resources to provide for basic needs...

- Both Melissa and Daniel work full-time jobs that provide a steady income
- This allows them to be comfortable and not worry too much when it comes to finances
- They are able to provide a home, food, and clothing for all members of the family



Health History

Past Medical History: (Including allergies, hospitalizations, surgeries)

Daniel:

- Asthma
- gallbladder removal in 2021, wrist fusion in 2021, bilateral ankle reconstruction in 1996,
- no allergies

Melissa:

- chronic migraines since age 5, c- section in 2011,
- no allergies

Wyatt:

- scarlett fever 2017, Tonsillectomy and adenoidectomy in 2020,
- asthma
- RSV multiple times as an infant
- seasonal allergies
- hospitalizations with RSV as an infant and toddler



Health History Continued

Nutritional Intake of Child:

- Most meals are home-cooked and lunches for school are packed
- Protein, fruit, and low-fat foods are a priority for Wyatt
- He drinks milk and water, and on occasion may have juice or soda
- Candy and prepackaged foods are kept to a minimum
- healthy snacks are always available for school and after practice

Extracurricular Activities: football, wrestling, track, dirt-biking, and playing outside

Social skills, friends, peers (social interactions with other kids?)

- Very talkative and friendly
- Has a few close friends
- Can be shy with adults but communicates well

Family Coping Patterns

Short Term Stressors:

- In season sports

Long Term Stressors:

- Student loans
- Asthma
- Managing Wyatt's asthma

Coping Strategies:

- open communication and working together to sort issues out
- Going on walks or exercising to clear their minds

Support System:

- Family
- Friends
- Each other



Family Care Plan

Nursing Diagnosis: Interrupted family processes related to busy schedules as evidenced by dad missing sporting events, mom having unpredictable work hours, and Wyatt participating in many sports.

Expected Outcome: Within the next month the Basham family will show improvement in family processes.

Evaluation: The Basham family showed improvement in family processes, they limited interruptions.

| Interventions: | Rationale: |
|--|---|
| 1. Assess where the family can make adjustments | This will keep family processes from being interrupted before they are. |
| 2. Establish expectations for all family members. | This allows each family member to know what is expected of them and how they will be hurting their family if they do not meet these expectations. |
| 3. Manage stress as individuals | Managing stress as individuals will keep it from affecting all members of the family and therefore interrupting family processes. |
| 4. Resolve all conflict in a timely manner | Resolving conflict in a timely manner will keep it from affecting family processes in the future. |
| 5. Educate parents on the importance of structure for children and their development | Educating Parents on the importance of structure will allow them to know how structure will positively affect their child. |