



# Family Assessment

The Gatica Family  
-Stephanie Duque

# Family Identification

*Lizette 47, Mother, stay- at- home mom*

*Jeffrey, 53, Father, IT Regional manager*

*Ethan, 11, Firstborn child*

*Ian, 7, child*

*Max, Dog, Golden Retriever*

Nuclear family

**Cultural background:** Colombian and Guatemalan

**Religion :** Christian

**Recreational Activities:** Going to movies, going to park

**Parental Roles:** Lizette is a Stay at home mom,  
Jeffrey, is the provider of the family.

# Developmental Stage

Family Developmental stage: Family with school- age children

- Lizette and Jeffrey met each other during a blind date my grandparents set up. They got married in June of 2009. Then Lizette got pregnant with her first child at 2011 and Ian at 2015.
- Ethan is in 5th grade, He is at that age where is he exploring and questioning many things. They enforce a lot of communication with him since he is growing up.
- Ian is in 2nd grade, he is at that stage of development where he wants to be independent and being with friends are very important to Ian.

# Environmental Data

- The Gatica Family live in a one family house in Lynbrook, LI which is a suburban area, residential neighborhood.
- The family states the area of Lynbrook is very safe
- Jeffrey and Lizette share an SUV
- The family has one Dog Max he is the golden retriever.
- Safety: This family takes a lot of importance on safety: they have locks around the house, tall white fence surrounding the house, and a Ring bell in front of the, and stores medications in the medicinal cabinet.
- The Gatica family are very involved in their community, they are apart of the children's recreational center of Lynbrook, they are in small groups in their church.
- Lizette uses social media such as facebook and Instagram
- Jeffrey uses LinkedIn

# Functional Assessment/ Family Structure

Communication is a big factor in the Gatica family.

They communicate and are very open with each other. They teach their children to communicate with them so that they can understand them better.

A few examples of the family values the gatica family follow are kindness to others, helping the community and serving others that are in need.

The family is financially stable, Jeffrey is the provider and has never failed to provide for the family.

# Health History

Jeffrey- Appendix removal 7 years ago, suffers from seasonal allergies.

Lizette- Hysterectomy 3 years ago, also suffers from seasonal allergies

Ethan- Ear tube placed when he was 4 years old due to the recurrent ear infections. Also suffers from severe seasonal allergies ~ Hives, rash.

Ian- No past medical history

Nutrition: They mostly eat home cooked meals, occasionally eats take out or junk food such as mcdonalds or Chic-Fil a.

Ethan is not picky with his food, Ian is picky with his food. It is hard for him to eat vegetables and fruits.

# Family Coping Patterns

Family Stressors:

work life balance and overloading schedules

Lack of family time- Jeffrey traveling for work and leaving Lizette alone with kids.

Lack of date nights for parents

Coping - They cope with these issues by going to church, attending small groups, or talking to other friends or relatives ongoing with the same issues.

Support system: Jeffreys- Mom, sister and brother Lizette- Mom and Sister.