

## Medical Case 5: Skyler Hansen

### Documentation Assignments

1. Document your focused assessment for Skyler Hansen.

- Patient came into the ED and was hypoglycemic: blood sugar of 31 mg/dL. He had not eaten anything for 5 hours. He felt lightheaded and his friends brought him to the ED. He is drowsy, only wakes with stimulus, has slurred speech, is diaphoretic, and was acting irrationally according to his friends

Vitals signs: Respirations=19 chest moving slowly and equally bilaterally

Temp= 99 degrees F

BP= 130/78

Blood sugar= 31 mg/dL (very low)

Post IV meds= 170 mg/dL

ECG: Sinus rhythm

2. Identify and document key nursing diagnoses for Skyler Hansen

- Risk for unstable glucose levels as evidenced by defiance in knowledge for diabetes type 1 management. Educate patients on how to regulate glucose levels with a well-balanced diabetic-friendly diet.

3. Document Skyler Hansen's blood glucose levels that occurred in the scenario.

- 56 mg/ dL
- 110 mg/ dL
- Stayed at 110 for the rest of the simulation

4. Document the changes in Skyler Hansen's vital signs and clinical manifestations of hypoglycemia throughout the scenario.

- Stayed practically the same except for the the O2 and it moved from 95-97

5. Referring to your feedback log, document the nursing care you provided.

- I made sure the patient was comfortable and followed the doctor's orders. I made sure the patient had a good glucose level at the end.