

# Family Assessment

By Brittany Tomala



# Family Name: Tomala's

Anthony Jr.	Male	24 years	Father/Husband	Postal Worker
Cristina	Female	26 years	Mother/Wife	Medical Care Assistant
Anthony the Third	Male	3 years	Son	No education yet, starting pre-k in the fall

# Family Identification:

- ❖ **Type of Family unit:** Nuclear
- ❖ **Cultural background:**
  - Anthony Jr. : Puerto Rican & Ecuadorian
  - Cristina: El Salvadorian
- ❖ **Religious identification:** Roman Catholic
- ❖ **Recreational Leisure activities:** hiking, snowtubing, horseback riding, playground visits, beach trips, arcade & family softball...
  - Preparation for tee ball in two weeks
- ❖ **Parental Roles:** share most roles
  - Anthony Jr. : works during the day, more discipline than Cristina, & cleaning
  - Cristina: works during the day, cooks after work and most dinners, cleaning, & some discipline



# Developmental Stage:

- ❖ **Developmental Stage of Family:** Child rearing
  - Raising one biological child, thinking about more children in the future
- ❖ **History of Family Unit:**
  - Paternal: Nuclear Intact Family, oldest of four children
  - Maternal: Nuclear Intact Family, oldest child of three children
- ❖ **Origin of Both Parents:** Both born and raised in NY
- ❖ **Developmental Age:**
  - Anthony the Third: Toddler/Preschool Stage
- ❖ **How is the family meeting the tasks for each stage?**
  - Anthony the Third: Encouraging lots of play time, modeling new skills (crafts, drawing, reading, imaginative play, speech), firm boundaries, answering questions, encouraging conversation, learning about sharing and engaging in children his age



# Environmental Data:

- ❖ **Housing:** Single-Family House
- ❖ **Neighborhood:** Suburban, separate houses each with own yard, very quiet, many family homes
- ❖ **Geographic Mobility:** two cars
- ❖ **Water Supply:** well water and septic
- ❖ **Domestic Animals:** none
- ❖ **Safety Precautions:** car seats, gate for stairs, cushions for sharp corners, bed railing for only child, outlet covers, backyard fence...
- ❖ **Community Associations:** church ()
  - Anthony Jr. : Haverstraw Softball Men's League
  - Cristina: Volunteers at local library
  - Anthony the Third: Tee Ball
- ❖ **Social Network:**
  - Family
  - Church family



# Functional Assessment & Family Structure

- ❖ **Communication Patterns:** open communication
  - frequent calls and texts from grandmother during day while parents are working
  - Regular family time in the evening
- ❖ **Family Decision Making Process:** Pray about every decision to be made, openly discuss ideas with each other and bounce them back and forth, most importantly they seek guidance / signs from God that the decision they're making is the correct one.
- ❖ **Role Structure:**
  - Father works during the weekdays, mother handles majority of home related responsibilities (shopping, cleaning, cooking)
  - Both parents share responsibilities in evenings and weekends
- ❖ **Family Values:**
  - Grow in the Faith
  - Always be kind to one another
  - Be open & good listeners
  - Trusting each other
  - Honesty



# Functional Assessment & Family Structure cont.

- ❖ **Meeting needs for children in affection, love, and understanding?**
  - Child being raised in a loving home with lots of affection as well as additional affection by family members that live very close by.
  - Child consoled when upset, allowed to actively express emotions, family dinners together each night, play all together daily
- ❖ **Families economic resources to provide for basic needs...**
  - Father works full time and is able to meet all basic needs for the family
  - Additional work hours are available if needed for other needs or wants
  - Mother works in medical to also provide but mainly supported by the father



# Health History:

## ❖ Past Medical History: (Including allergies, hospitalizations, surgeries)

- Anthony Jr. : wisdom teeth removed, surgery on thigh, seasonal allergies
- Cristina: nothing
- Anthony the Third: nothing



# Health History cont.

- ❖ **Nutritional Intake of Children**
  - Anthony the Third: regular diet, lots of fruits and vegetables
- ❖ **Extracurricular activities:**
  - Anthony the Third: Tee ball, toddler library reading, & painting
  - Various trips as a family (beach, playground, hikes, arcade, swimming, horseback riding, snowtubing...)
- ❖ **Social skills, friends, peers... (dynamics with other children)**
  - Anthony the Third: very social, has advanced speech which makes it very easy to communicate with other children & express emotions, often plays with family, cousins and church friends



# Family Coping Patterns

- ❖ **Short term stressors:** when Anthony Jr. does not clean up after himself, teaching little Anthony to potty train & trying to accomplish many task in one day
- ❖ **Long term stressors:** trying to adapt to a healthier lifestyle & financial / budgeting for the future
- ❖ **Coping strategies:**
  - Parents: talking through any problems together, praying through every decision
  - Anthony the Third: actively expressing emotions especially with schedule changes. Learning to figure out solutions together and control emotions when told “No”
- ❖ **Describe how family attempts to actively cope with problems:**
  - Talk through them together as a family and seek counsel from family, church family, friends
- ❖ **Support System:** grandparents, siblings, relatives, & church family...



Care plan: Inability to provide adequate nursing care to sick, disabled, dependent or vulnerable/ at risk member of the family due to :

- ❖ **Nursing Diagnosis** : Lack of/inadequate knowledge about child development and care

**Expected Outcome:** Patients will be more knowledgeable about child development and care in 2 months.

1. Consider the patient's learning style, especially if the patient has learned and retained new information in the past.
2. Grant a calm and peaceful environment without interruption.
3. Provide an atmosphere of respect, openness, trust, and collaboration.
4. Include the patient in creating the teaching plan, beginning with establishing objectives and goals for learning at the beginning of the session.
5. Explore reactions and feelings about changes.
6. Provide clear, thorough, and understandable explanations and demonstrations.
7. Correct errors when made : Not correcting errors can provide more confusion later on
8. Involve family members in teaching : enhances participation and commitment
9. Praise accomplishments : Feeling as though they aren't improving may lower self esteem and willingness to learn overall

**Evaluation Statement:** At the end of two months, patients were able to learn more about child development and proactively provide better care for the child with help from experienced family & friends.

