

Cheyenne Edwards

Professor Maret

PMN101: Introduction to Spiritual Formation

22 March 2023

Spiritual Growth Plan

Year 1: Focus on developing a strong foundation in my faith

1. Daily devotions: I will start each day with a time of prayer and Bible reading. Choosing a daily devotional that speaks to my heart can help me to begin the day off thinking about the Lord.
2. Join a Bible study group: Find a group of Christians who meet regularly to study the Bible together. This will help me learn more about the Bible, deepen my understanding of God's Word, and build friendships with other Christians.
3. Attend a Christian retreat: I am considering attending a Christian retreat or conference to strengthen my faith and connect with other believers.
4. Serve in your church: I want to find a ministry or area of service in my church where I can use my gifts and talents to serve others. Serving others is a great way to grow in faith and develop a heart of service.

Year 2: Focus on personal growth and discipleship

1. Develop a habit of prayer: Make prayer a regular part of my daily routine. Spend time in prayer each day, asking God to guide and direct me in my personal growth and discipleship.

2. Study Christian theology: Learn more about the doctrines and beliefs of Christianity. Read books, listen to sermons, and take classes to deepen my understanding of what I believe and why.
3. Mentorship: I want to find a mentor who can guide me in my spiritual growth and discipleship. I will look for someone who is more mature in their faith and who can provide guidance and support as I grow.
4. Practice spiritual disciplines: Engage in spiritual disciplines such as fasting, meditation, and silence. These practices can help me develop a deeper connection with God and grow in my spiritual life.

Year 3: Focus on evangelism and outreach

1. Share my faith: Look for opportunities to share my faith with others. Share my testimony, invite friends to church, and look for opportunities to share the gospel with those who do not yet know Jesus.
2. Volunteer in my community: Look for opportunities to serve others in my community. Volunteer at a local food bank, participate in a neighborhood clean-up or find other ways to serve those in need.
3. Participate in missions: Consider participating in a short-term missions trip or supporting missionaries who are working to share the gospel around the world.
4. Pray for others: Develop a habit of praying for others. Pray for my friends, family, and those in your community who do not yet know Jesus. Pray for the Holy Spirit to work in their hearts and draw them closer to God.

It is important to remember that spiritual growth takes a lifetime. Throughout this 3-year spiritual growth plan, I want to be open to the Holy Spirit's leading and be willing to adjust my plan as necessary. Over time, I hope to see the fruit of my efforts as I continue to grow in my relationship with God.