

Sukurat Jawando

Professor Gail-Ann Roberts

SWK357

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Reflection Journal 5

Today I finally have my learning contract signed by my field supervisor. This is indeed a relief. Big thanks to Prof. Maclain for the referral and connection. My anxiety is under control now and I can finally settle into the class.

After reading through chapter 6 of the text, I understood better the importance of the learning contract. I am interning at the C4 institute, an initiative of the School of Social Work here at Alliance University to bring together Christians who are social work practitioners, and social workers in training, to support each other on their faith journeys. It is a new program so a lot of research is needed to gather data and information for the participants. My role is to research and put together content for the quarterly newsletter that will be put together and also assist with writing and editing articles and proposals as needed. I am excited to be part of this initiative that I am already profiting from.

One of the programs offered is the mentoring program. I have a mentor from this program who has been a tremendous help in my learning process and being able to give back this way is an honor. My strong suit is not research but I am improving my writing skills and this definitely is another opportunity to improve on both assigned tasks. Luckily I am also taking a class in research methodology this semester, so I believe that can help me too. Since my internship is online, the timing of the learning contract is meeting twice a week, which is

convenient in my situation and can let me access my experience, expectations and productivity earlier and later on in the week.

I find this chapter very informative with all the available guidance it provides on setting learning goals for myself, getting to know my supervisor and learning about what his expectations are of my role. My learning goals are as follows;

- Spend 4hrs a week on research and 1-2hrs to prepare my report
- Learn about the agency and identify ways to get involved
- Request feedback on my writing and research skills