

Personal Rule of Life Statements

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My Roles:

In my life, I have taken on many different roles. First and foremost, I am a sister, a daughter, and a granddaughter. These roles are significant to me because my family has been a part of my identity for a long time, especially after the death of my father several years ago. Because of his death, I had to learn how to grow up pretty quickly and how to be the emotional support system for everyone in my family. However, I believe that this role has taken priority over an even more important role, my role as a child of God. Like I said, my family has been a major part of my identity for many years, but my family doesn't always make it easy for me to follow what God is calling me to. An issue that has caused me to frequently question my worth and my worth to God himself. In saying this, I don't believe that cutting myself off from my family is the answer to these conflict roles. However, I do believe that setting healthy boundaries with my family is a great start.

My Gifts:

In regard to my giftings, I truly believe that God provides all of us with both natural talents and spiritual gifts that ultimately connect to each other. For example, I am naturally good at singing, building and creating videos, but spiritually I truly believe that God has given me the gift of servitude and administration. But how do these gifts and talents connect? For starters, singing is a natural talent that truly allows me to connect with God the most. It is through this kind of worship that I feel God's presence and he speaks to me and gives me wisdom on how to serve others. I also believe that there is a connection between my building and video creating talents and my spiritual gift in administration. This is due to the fact that not only will my

building talents help build and create better programs in the future, but when I combine this talent with my video creating skills, I will also be able to promote the program I build as well.

My Desires

What are the deepest desires and longings of your heart today? In reality I believe that I have two deep desires. For starters, In the field of social work, I know that we can't always spread the gospel or talk to our clients about God. However my deepest desire is that my heart, my actions and how I treat and serve others reflects God's heart and the abundant love he has for all of us. My second deepest desire is to reach those who feel helpless or powerless in their situation and help them find the community I never had. Growing up I was bullied, and by the time the bullying ended, my father was diagnosed with cancer so it's fair to say that I never really had a community to call my own until I came to Nyack. But not having that community back then really affected me, therefore sparking my desire to make sure no one has to go through what I went through or believes that they have to go through these challenges alone.

My Vision

Back in my second year of my bachelor's, God called me to social work. At the time, I didn't know why or even what social work was, but now I know that God called me into this field for a reason. Like mentioned previously, I have never really had a community to call my own. Therefore my vision for the future is to create a faith-based nonprofit of my own that not only assists those in need, but to create a place that brings other helping fields together as well so we can build community within our neighborhood and provide something for everyone.

My Mission

In order to fulfill this vision, my mission is to continue to use my gifts of administration and servitude to continue to spread the gospel by how I serve and build community within my own service area, city, neighborhood and the broader society. I know building my faith-based nonprofit is something that won't happen right away, but it is my hope that God will help me find the right jobs along the way that will provide me with the needed skills and opportunities I need to make this vision happen someday. But in the meantime, wherever I end up next, I want to continue to build intimacy, community and reflect God's love through how I serve others within these working fields.

Weaving Together Your Personal Rule of Life Statement

	Spiritually (Time)	Relationally (Trust)	Physically (Temple)	Financially (Treasure)	Missionally (Talent)
Daily/ Regularly	Journal and prayer before bed	I will work on setting boundaries with my family	I will sleep 7 hours and eat at least 2 meals a day	I will spend no more than \$80 a day	I will make time for self affirmations
Weekly	I will read at least 1 chapter in the Bible	I will try to make time for my friends	I will exercise at least 3 times a week	I will save at least 20% of my paycheck each pay period	I will make time for serving my community (Social work)
Monthly	I will spend an hour of worship and solitude	I will try something new socially	I will dedicate time towards a hobby or recreation	I will tithe money to my church	I will make time for build relationship / community at my church
Quarterly / Seasonally (Every three months)	I will fast something that is a distraction towards my relationship with God	I will talk to my accountability partner about my progress with these relationships	I will have a weekend dedicated for self-care	I will buy a reasonable gift for myself (self-care)	I will dedicate a day towards volunteer work.
Annually	I will read and take notes on a Christian book	I will assess my relationship and determine developmental priorities.	I will assess my physical, emotional and intellectual health.	I will assess my yearly spending and adjust accordingly	I will assess the time invested into myself and adjust accordingly.