Nyack College SON- Concept Map

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Nursing Dx: Constipation

Expected Outcome: Pt will have at least 3 bowel movements in 4 days.

Interventions

1. Encourage fluids by 1.5-2L every 24h.
2. Encourage activity
3. Provide laxatives (Miralax)
4. Encourage dietary fiber by 20-30g a day

Evaluation- Pt was able to have 1 bowel movement in 24 hours.

Past Medical History

- Eczema
- Obesity
- Bipolar Disorder
- Constipation

Medical Diagnosis & Assessment

Nursing Dx: Bathing self-care deficit

Expected Outcome: pt will bathe within 4 hours for at least 10 min.

Interventions

1. Encourage bathing
2. Have patient use hygienic wipes
3. Educate patient on complications of not bathing
4. Provide patient with options between a bed bath or assisting in bathing themselves

Evaluation- Pt was able to perform the skill by themself within 12 hours.

Medications

- **Mirilax 17g**
- **Thorazine 25mg PRN**
- **Claratin PRN**
- **Eucerin cream**

Nursing Dx: Obesity

Expected Outcome: Pt will lose 1lb a week over the next 6 months.

Interventions

1. Pt will be put on a caloric deficit of 500kcal a day
2. Encourage activity, at least 30min of aerobic exercise a day for at least 4 days.
3. Pt will be referred to a dietitian
4. Have patient write diet log for 7 days to monitor patient's intake.

Evaluation- was able to lose 4lbs in the first month of activity.

Nursing Dx: Impaired Social Interaction

Expected Outcome: Pt will not show aggressive episodes against family members or others after a week of counseling.

Interventions

1. Interact with the patient when on a 1:1.
2. Encourage group interaction between patient and other children.
3. Refer client to a social worker.
4. Administer antipsychotic medication (Thorazine) as prescribed

Evaluation- Pt has not shown any aggressive behavior to visiting family or faculty while under care.