Claudia Hidalgo 4/6/23
NUR 392- Clinical
Prof. Popoola

**Nursing Journal #3**

This week my clinical hours were spent in the pediatric unit. This is my third clinical rotation for pediatrics, I got to work with a child that suffers from bi-polar disorder and was admitted due to an aggressive episode at home. The greatest challenge for me this week was getting my patient to shower because he easily becomes irate and constantly denied treatment. Self-reflection on growth for this week I was able to access and learn different methods of documenting on epic software including reading progress notes and assessing lab results and orders. I must continue to work on assessment skills in order to treat patients with behavioral issues.

Spiritually, I continue to grow by praising God and allowing His word to guide me through my nursing journey. Professionally, growth was attained by understanding different ways to deal and treat patients with mental disorders. My greatest achievement for this week was being able to adequately communicate and perform my assessment for my patient. Reflecting on my technical skills I am confident in my ability to communicate and listen to my patient's concerns and feelings on medical treatment. Communication with Prof. Popoola was extremely important on this rotation, she educated me on epic software navigation and explained possible reasons for lab results in addition to reading notes pertaining to the diagnosis and treatment of my patient. Communicating with the assigned nurse allowed me to get in depth medical history of my patient. I was able to communicate efficiently with my cohort as we worked together to care for our patient and prepared a post-conference presentation. I will continue to work on adjusting to the new clinical pediatric environment. A bible verse I found helpful this week was

“God is my strength and defense” (Exodus 15). This verse keeps me grounded on the fact that all my will power and determination rests on His image. I must continue to rely in Him and trust Him to continue to direct me towards my purpose.