

Valencia Harper

Dr. Maret

PSY 101

04 April 2023

Chapter Eight Questions

1. The Neurotransmitter plays a part in the process of memory. It is being discussed among researchers which neurotransmitter plays a specific role (Block Land 1966). One no certain role each neurotransmitter plays in memory, but it is known that communication among the neurons via neurotransmitters is critical for developing memories. Increased repeat activity of the neurons promotes increased neurotransmitters in the synapse, resulting in efficient synaptic connection. And this is how memory consolidation is formed.

- 4 The well-known researcher Daniel Schachter founded "*The Seven Sins of Memory.*" These are Transience (Forgetting) – Accessibility of memory decreases over time. For example, forget events that happen long ago. Absent-minded (Forgetting) – Forgetting caused by the lapse of attention and, for example, forgetting where you put your cell phone or keys. Blocking (Forgetting) – Accessibility of information is used temporarily blocked. For instance, it was on the tip of my tongue. Misattribution (Distorted) – The source of the memory is confused. I need clarification. Recalling a dream memory as a walking memory, an error in your memory when you confuse the source. Suggestibility (Distortion) – False memories. For example, result from leading questions. Bias (Distortion) – Memories distorted by the current belief system. For example, align memories to existing beliefs. Persistence (Intrusion) – Inability to forget unpleasant memories. For example, traumatic events.

11. Bias memory sin is feeling and views of the world; you have distorted your memory of past events. There are several types of Bias memories. Stereotypical bias involves racial and gender biases. Egocentric bias affects, enhances, or makes your past more extraordinary than it is. Hindsight bias – when you think an outcome is sure to happen.

26. Hypermnesia is like seeing an image of your back when you play, which is significant in the drawbacks. It is usually caused by something traumatic, and in most cases, that pain has a way of controlling your life. I am speaking from my own experience.
27. As a Christian, this chapter is the utmost to read. Many Christians have and are suffering from their memories. Home life, or how one grew up in the world, was indifferent to the world. Therefore, the home and the communities may have promoted many unpleasant experiences for them. So, Christians could not talk about it then or even now. Their memories can shape who there are, so many Christians cannot achieve their best selves because of not freeing those from their memories.