

The presentation by Kelsey McCann and Patricia Leslie on the topic of Postpartum Depression was very calm, relaxing, and informative, taking the form of a support group. From the beginning of the presentation, I could tell that they put much thought into the message they were trying to send and the mood and impact they were trying to capture.

The topic of Postpartum depression is very much needed in today's society, and a support group like what Kelsey and Patricia created is something that I think mothers, fathers, and other families would appreciate. The presenters were very knowledgeable about the topic they presented on, and there was a passion for the issue and the resources they shared with us; the participants were engaging, very fitting, and appropriate for the setting and the topic. The resources were also filled with excellent information that was new to me.

I also love how Kelsey and Patricia worked together and delivered their gathered information. They were very creative in their approach as well. From the music in the background, their stories of being "moms," to the mini package they handed out, I felt relaxed and cared for as a "mother" in the support group. One thing that stood out to me throughout the presentation was the consistency of the dialogue; the presenters made sure to stay on topic, and when the group conversation changed, they redirected the group well.

This presentation was one of my favorites; I left the support group feeling empowered, motivated, and educated on the issue of postpartum depression. The presentation was organized, clear, and concise and captured the necessary information related to the topic.