

Destiny Alamo

PSY 342

Unit 5 Essay

4/4/23

Chapter 10

- 1) Heroin was used as a cough medicine and other medical purposes. Most of the time is smoked, inhaled and injected by needle. The most powerful form is injection into the bloodstream. It brings a rush and the spasm is followed by several hours of pleasant feeling. During this high the person feels relaxed and happy. Cocaine is an active ingredient of the coca plant found in South America. They used to chew the leaves for the energy and alertness the drug gives. Processed cocaine is an odorless, white, fluffy powder. It is often snorted or they inject it or smoke it as well. Cocaine gives a euphoric rush. It stimulates the higher centers of the central nervous system making the user feel excited and talkative.
- 2) Up until the 1970s they smoked the weak form of marijuana and it rarely led to the pattern of cannabis use disorder. In today's society the marijuana that is widely spread is four times more powerful than it was back in the 70s. Some of the dangers of this is it causes panic reactions and also affects sensorimotor and cognitive functioning especially younger people whose brains have not fully developed.
- 3) One of the dangers of MDMA is psychological problems such as confusion, depression, sleep difficulties, severe anxiety and paranoid thinking. It can also cause impairment of memory and other cognitive skills. Another danger is it can increase heart rate and blood pressure which can put people who already have a heart disease at risk.

- 4) Some of the dangers of opioid use is overdose which closes down the respiratory center in the brain and almost paralyzing breathing and in many cases causes death. Another danger is that some drug dealers tend to mix deadly substances with these drugs.

Chapter 11

- 1) Male hypoactive sexual desire disorder is men who persistently lack or have reduced interest in sex and engage in little sexual activity. Female sexual interest/ arousal disorder is when a woman lacks normal interest in sex and rarely initiates sexual activity. Causes of this can be hormones and their levels if they are higher or lower. Another cause of low sex drive in a woman has been linked to the high levels of estrogen in birth control. Long term physical illness can also lower a person's sex drive.
- 2) One way for treating Erectile disorder is focusing on reducing a man's performance anxiety, increasing his stimulation using a range of behavioral, cognitive and relationship interventions. In one treatment the couple is instructed to use tease technique. This is where the partner keeps caressing the man but if the man gets an erection the partner stops until he loses it. The exercise reduces pressure on the man. In another technique the couple is instructed to use manual or oral sex to try to achieve the women's orgasm, which reduces pressure on the man to perform. Another technique is biological a pill you can take viagra which increases blood flow to the penis within one of ingestion.
- 3) Sociocultural causes of low sex drive can come from divorce, death in the family, job stress, infertility difficulties, or having a baby. It can also be that if a person is in an unhappy relationship it lowers the sex drive. Even if the person is in a happy relationship, if their partner is not good in bed it can make the other person's sex drive lower.