

1-Discuss the benefits of a support group for caregivers.

A support group for caregivers can help provide a space and support for these individuals. It creates a community atmosphere for these individuals to process their emotions and thoughts with others who also have similar experiences. Support groups can also educate these individuals to be better caregivers and better understand how to care for people with chronic disabilities.

2-Identify and discuss the four major social roles of women in American society.

The four major roles that women play in American society are often: Motherhood, Wife & Partner, Worker, and Activist. Women are known to carry the sole responsibility of childbearing and is considered to be a huge source of identity and self-worth in American culture. Women as a wife or partners, where are seen to support and care for their partner's needs managing the household and fulfilling the needs of the family. Women also contribute a lot to the workforce and are often seen not just as homemakers but as ones that also have careers that help drive companies and businesses. Lastly, Women have also played a huge role in social activism in American society, where they have organized and participated in various social movements and found for gender equality, reproductive rights, and social and political issues as well.

Women play a key role in shaping American society and have been the driving force toward greater equality within society.