

Grace Kim

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Research Conference Response

Today, we attended the research conference hosted by the May 2024 graduate cohort. It was interesting to see the range of diseases and disorders that were spoken about today. In addition, it was really admirable to see Professor Ibiezugbe's PHD dissertation on the social support for caregivers of children with asthma. From Professor Ibiezugbe's dissertation, it truly shifted my mindset when it came to the support and reinforcement needed for caregivers in pediatric cases. Another new fact that I learned today were the different treatment options for alcohol abuse. Although I knew there was behavioral therapy and support groups, it was also interesting for there to be research on medication to help individuals struggling with alcohol abuse. Lastly, one surprising fact that I learned from the group for COPD was that eating pork belly (in moderation), actually decreases the risk for COPD. It was quite unexpected, yet an interesting fact to know!