

Family Assessment

Lauren Bartolome

Alliance University

NUR 392 Nursing Care of Children and Adolescence

Professor Ibiezugbe

April 2, 2023

Family Assessment

Family Identification

The family assessment was done on the Raquino Family in Honolulu, Hawaii. They are a family of four consisting of Jerome, Cherrlyn, Jasia, and Jiraiya. Jerome, who is the father of the family, is a 40-year-old male, and his educational background includes receiving his Bachelor's in Managerial Accounting. Jerome currently is not working and is L&I due to an injury as a police officer. Due to his injury, he is getting compensated by the government and is helping manage their family auto business in the Philippines remotely. Cherrlyn is the mother of the family and a 40-year-old female who received her Bachelor of Science in Nursing in the Philippines and worked as a registered nurse prior to moving to the United States. Currently, Cherrlyn is working as a certified nursing assistant (CNA) while she is studying to take her NCLEX. Jerome and Cherrlyn have two children together, Jasia and Jiraiya. Jasia is an 11-year-old female who is currently in the fifth grade. Jiraiya is a 6-year-old male who is in his first year of school as a kindergarten student.

The family unit of the Raquino family is a nuclear family. The Raquino family is from the Philippines and strongly upholds Filipino culture, carrying this through their actions and values. They are Christians and are heavily involved in the church through all the ministries and events they are a part of. The Raquino's recreational/leisure activities include beach days, going to the park, hiking, swimming, shopping, and watching movies.

Parental roles in the Raquino family are, for the most part, split evenly. Jerome is currently not working as a police officer but is working remotely for their auto business in the Philippines. Jerome is in charge of the finances, helps with the chores, picks up and drops off the children, and helps with discipline and cooking most dinners for the family. Cherrlyn works the

day shift as a certified nursing assistant, cooks dinners on her days off from work, helps with discipline, and is more involved with maintaining the household chores.

Developmental Stage

The Raquino Family is childbearing with school-aged children since both Jasia and Jiraiya are between the ages of 6-12. The paternal history of the family unit is a nuclear family and has a twin brother. The maternal history of the family unit is a nuclear family, and is the youngest of four. Jerome and Cherrlyn met in Vintar, Philippines, through a mutual friend of theirs in 2000. From that point on, they began their life together and had Jasia in 2012 and Jiraiya in 2017. In 2021 they moved to Washington state, and then three months later, they moved to Honolulu, Hawaii, and have been there ever since. They are currently planning their wedding and are set to wed on July 7, 2023. Both Jerome and Cherrlyn are from Ilocos Norte in the Philippines and were born and raised there.

As stated above, Jasia and Jiraiya both fit in the developmental stage of school-aged children. Both Jerome and Cherrlyn are meeting the tasks for the developmental stage of Jasia and Jiraiya by encouraging and supporting the activities in this stage of development. Jasia and Jiraiya are both interested in how things are made and how they work; they also are recognized for their personal and social tasks. Jerome and Cherrlyn support them in their extracurricular activities and allow them to interact with their peers. Regardless of Jasia or Jiraiya's mistakes, their parents are continuously there to support and encourage them. Since Jiraiya is 6 years old, some developmental activities he is grasping are the concept of time and learning how to add, subtract, and serial ordering. Jiraiya is also still learning the difference between right and wrong and understands that an act is wrong because there will be a punishment. Since Jasia is older, she understands the golden rule but still is taught the difference between right and wrong.

Environmental Data

Currently, the Raquino family is renting a two-story house in Honolulu, Hawaii. They described their neighborhood as peaceful, helpful, and clean. The houses are relatively close together, and there are sidewalks in their neighborhood. Transportation wise they travel by car and have two cars that they own. Hawaii's water supply is taken from groundwater from watersheds and the island's basal aquifers. The Raquino family does not have any pets. For safety precautions, Jiraiya uses a car seat, and Jasia uses a seatbelt. They lock up all the medications in a safe place, and they also have smoke detectors and fire extinguishers. Firearms are also secured away from the children and are not loaded. The firearms and ammunition are placed in two secure separate locations. Their home is protected by ADT, and they also use ring cameras. Their house is secured by a gate in the front yard and also in the backyard. Community associations include their church, New Hope Leeward - Kapolei Campus, elementary school, and work. The Raquino family's social network is based on finding the same interests, which include their neighbors, classmates, coworkers, and church family.

Functional Assessment/Family Structure

Communication patterns in their family include open communication by texting and calling when not in the same place and also communicating when they are all at home during dinner or their family devotions. The Raquino family decision-making process involves praying together as a family, and then Jerome and Cherrlyn weigh out the pros and cons and talk and think about a solution. They may also seek support and advice from other family members or friends and will make the children weigh in on the situation if necessary. The family roles include Jerome working remotely, picking up and dropping off the children, and helping with the

household chores during the day. Cherrylyn works the day shift as a CNA, helps kids with homework at night, and household chores are split evenly, and cleans the house on her days off.

The Raquino family values include continuing to trust in the Lord, love each other, help each other, and treat everyone with respect, hospitality, close family ties, and solidarity. The family is meeting the children's need for affection, love, and understanding by being there for them and supporting them through all they do, whether academically or in extracurricular activities. Jasia and Jiraiya are provided with a loving environment where they can openly express their feelings. Jerome and Cherrlyn maintain family dinners and go out during breaks or days off to the beach or park. When they are home, they bond by watching movies or playing games as a family. Cherrlyn works full-time as a CNA, and Jerome is still working remotely for his family business while he is getting compensated by the government due to his work injury as a police officer. Their job occupations do provide for their family's basic needs as a whole.

Health History

Jerome's health history includes appendicitis in 2006 and hypertension. He has no known allergies and had a mastectomy in 2008. Cherrlyn has no allergies or prior hospitalizations besides cesarean deliveries in 2012 and in 2017. Jasia has no allergies and no surgeries, and no hospitalizations. Jiraiya has no allergies and no hospitalizations except for his circumcision in January 2023.

The nutritional intake for the children includes a healthy balanced diet with fruits and vegetables and encouraging the intake of water. Jerome and Cherrlyn stated that the children's diet consists of 70% protein, 10% carbohydrates, and 20% fiber and drinking at least 4-5 glasses of water a day. Jasia and Jiraiya also take vitamin gummies daily. Jasia's extracurricular activities include crocheting, skating on her one-wheel, and reading. Jiraiya's extracurricular activities

include biking and boxing. Jasia is reserved and timid but very social with her cousins and always plays with other children when approached first. Jiraiya is friendly, easy-going, and chill, approaches children first, and constantly makes jokes or asks if other children would like to play.

Family Coping Patterns

The short-term stressors listed by Jerome and Cherrlyn include unplanned circumstances like Jermon's injury and Cherrlyn's workload with studying for the NCLEX, being a parent, and working full time. Long-term stressors included saving up and being able to move and buy a house in Washington state. The coping strategies for the parents include praying, shopping, sleeping, listening to music, and working out. The children cope by listening to music, playing games, and expressing their feelings to their parents. The Raquino family actively tries to cope with problems by working together and talking out the pros and cons. They also ask for advice from their parents, siblings, and church family to discuss the problem and express their thoughts. Their support system includes their family, church family, and friends.

Nursing Care Plan

Interrupted family processes related to stressful circumstances in the family environment as evidenced by children verbally expressing that they are not used to not having more time with their parents, Cherrlyn balancing studying, working, and being a parent, and Jerome's injury and figuring out their planned move to another state.

The expected outcome is that the family develops improved methods of communication before their wedding in July 2023.

| Interventions | Rationales |
|--|--|
| 1. Emphasize the importance of communication | Communicating their feelings and expressing their thoughts will allow everyone to see each perspective and understand one another. |

| | |
|---|--|
| 2. Advise the family to set realistic goals for each member of the family | This will help everyone with their independence but also allow each family member to keep each other accountable and communicate their feelings. |
| 3. Educate the family on resources available to help them during this time. | Since there is a lot happening in their lives, we can lessen their stress by giving them resources for time management, etc. |
| 4. Assist the family in breaking down each situation into manageable parts. | Looking at tackling everything at once may be daunting and overwhelming. Breaking down the situation will help the family decide in a less stressful manner. |
| 5. Reassess the family's communication and how they are feeling. | Seeing where they grow and identifying what they can enhance will help the overall communication grow. |

The evaluation statement is that the goal was met, and the family developed improved methods of communication before their wedding in July 2023.