

Sukurat Jawando

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SWK 246

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Chapter 4

Activity 4.1

Debisi is my cousin, I am weary of her because she is nosy and self centered. She also happens to be the closest family I have here in the United States. She would do anything for a few \$ without as much thought on the repercussions, or how it might affect others.

Dupe is my closest friend. She lives in Canada with her children. We have become sisters. She is thoughtful, intelligent, loyal and gives the best advice. She would do anything for me.

When Debisi got to the US, I accommodated her and helped her settle down. Got her a job at my workplace and trained her to fit it easily on the job. I came home Few weeks later to find a note from her explaining she found a friend who invited her to move to Texas with him. And she just up and gone!. Fast forward three years later, when I was going through a rough time and I needed to get away from everything, I reached out and she told me straight she doesn't like to share her space.

Dupe was in an abusive marriage that lasted the entire 11 years she was married. I was the only friend she could call to help when she ended up at the hospital after being beaten and sustained serious injuries. I'd counsel her, help her get back on her feet, take care of her and the kids till things get resolved. She eventually left for Canada with her children to end the abuse. When I was going through tough times, she and her kids came to stay with me for weeks.

2)

Debisi is my closest relative here in the US. We grew up together. That said, her selfishness and inconsiderate behavior overrides family ties so much that I stay away from her and we only relate on a need to know basis.

Dupe is my person. We share ideas and thoughts on many things. She is resilient, responsive and intelligent. Always pushing me beyond my limit regardless of the distance between us. We talk every other day and pray together once a month.

3)

It is painful having to distance myself from family so we keep in touch on a need to know basis and occasional check-in's or when we bring messages from members back home. There is a constant reminder that she's out there one way or another.

I am smitten by Dupe, so I always look forward to our conversation. If something were going wrong with her, I would know and we can look for solutions and vice versa.

4)

There is no first impression with Debisi. We grew up together and have known each other all our lives. I do have an opinion of her, she is self centered and though she was told many times, she seems to be unbothered by it. In fact she creates that impression with anyone she meets for the first time.

My first impression of Dupe was that she was very intelligent. I still feel like she is. She continues to impress me.

5)

I believe my cousin knows me now as much as I know her. We have different opinions of one another and we relate based on that. I had hoped that things would change when we got here

(US) and make her a bit more reasonable like me or even strive to be a better version of herself like I am doing.

My relationship with Dupe is based on mutual respect and interest. I believe that is why we have remained close because we are the same in many ways.

Conclusion

Debisi: Because I am not in support of her lifestyle and choices, I immediately come to a conclusion before even hearing her out. My opinion of her has blinded me to other possibilities that might be contributing to her choices or that we are different and cannot all be alike. So I guess I need to cut her some slack and stop judging her.

Dupe: This girl can do no wrong in my eyes! She has been there through thick and thin, and I feel I may not be able to repay all her kindness towards me. She's done so much more than any of my family members have done for me. I am grateful for her friendship every day.

2)

We cling to first impressions or opinions we have of others. I believe in second chances now. First impressions aren't necessarily or always accurate. It could be spot-on or even biased.

3)

I believe getting to know someone and giving them the benefit of a doubt is a good way to prevent inaccurate perception of them.

Activity 4.2

Brief Background Information

I had waited on the Lord for a child for about 11 years before I had my baby in February 2021. In the period of my waiting, I had 4 miscarriages, serious health complications, married,

divorced and remarried. As I helped raise my siblings' children, I was mocked, shamed and ridiculed so much that I began to believe faith has no children for me. So I turned to God, the author and finisher of my faith and held on to his word and promise in Psalms 113:9 “He gives the barren woman a home, making her the joyous mother of children. Praise the Lord”. I joined the children department in church and give myself and resources to any service that involves children. I read so much about raising a child, subscribed to a YouTube channel on child care, attended seminars and most importantly participated in prayer for my future children.

Position

One of the most important pieces of information that stood out to me was breastfeeding. How, when, time frame and its impact on infant and mother’s development was my top topic. So I had determined to breastfeed till age 2 according to WHO’s recommendation. As God will have it, I was able to lactate early and breastfeeding was going okay. After one year, breastfeeding became an issue with my partner who felt one year is enough and also felt embarrassed because of friends' perceptions. I tried to educate him on the impact of breastfeeding and that others' perception should not be in the way of doing what is necessary for our child’s development. I had to stop attending gatherings to avoid being confronted or even harassed.

During one of our arguments, his reasons include social disapproval of breastfeeding and the extensive time that denies him access.. I came to understand his point of view and jointly agreed on how best to approach his concerns.

We cannot overstate that breastfeeding is a good practice with a positive impact on both child and mother. However, the period and process is not considerate of man’s attachment to breast.

From my understanding, our issue could have been less important if we had talked about breastfeeding and agreed on a timeframe. We would be on the same page and be able to tackle elements that could bring about disagreements.

Activity 4.6

1)

Jorge's perception of the situation is likely to be influenced by relational role, Access to information

Marissa's perception of the sit-ups likely to be influenced by Access to information and Occupational role.

2)

Jorge may not have access to the reasons given by the new hires for not staying and thus might not understand the meaning concerns him. Jorge got his schedule due to his long standing service. He might be relating from a seniority role viewpoint that for anyone to have his schedule, they need to have contributed as much as he has and for the same duration as he did.

Marissa's role as the supervisor will likely come to the forefront during this meeting. Her responsibility includes addressing the shortage of nurses, therefore she is likely to put priority over privileges that can prevent her from completing her duties. Marissa in her capacity has access to Jorge's schedule as well as the new hires. So she is able to determine how best to work around Jorge's schedule or work with Jorge to accommodate the new hires.

3)

Jorge: Hi Marissa. I noticed you have been meeting with some nurses lately but none has started to work with us. Is this why we are having a meeting? If so, how can I help?

Marissa: Hello Jorge. I am sure you have noticed we need more nurses around here to care for our elderly patients. We have not been able to get any of the nurses I interviewed to start due to scheduling. I was wondering if we can be open to other schedule options so as to be able to accommodate some new hires?

4)

- a) Empathy and Cognitive complexity
- b) In order for Jorge and Marissa to communicate competently they will need to come to a constructive conclusion on the situation. They both need to employ cognitive complexity to improve their communication and understand each other's viewpoint to the point of simplifying the situation.