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Worldview Christian Nursing

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Spirituality in Clinical Practice

Throughout my nursing journey, although I am only two semesters in and have so much more to see in clinical practice, there have been a couple of times in which I had an experience that had an impact on my spiritual life. This clinical experience showed me how important it is to value all the people in our life and to cherish all the small moments, because there will be a time where we may not see some people again. As scary as it may sound, these clinical experiences have brought me closer to my family and friends because I have seen how fast things can happen and you never really know when your last day is.

During clinical, I was assigned to a patient who was very healthy, and was visiting her family for vacation; she was from a different country. She was brought in because she has been having a severe cough and had chest tightness. She said it had been going on for a little while, but thought it would go away. Her family came in every day to visit her, she was later diagnosed with pneumonia. It became so severe that she was not able to breathe on her own and they had to put her on a ventilator. In just a matter of two weeks, a healthy woman who was visiting her family, ended up in the hospital and put on a ventilator, and a couple days later passed away. This experience truly opened my eyes because I was assigned to this patient one week and then a couple weeks later when I asked around about the patient I was told she had passed away. It

opened my eyes because I never really realized how often situations like this happen and life can be taken away so quickly with no explanation.

It spiritually touched me and made me realize how close I have to keep my family. I do think it has transformed me into always treating everyone with respect and to always live everyday like it could be the last. I do believe that I have matured and grown in a spiritual aspect because I did not always have the best relationship with God, because there was a time in my life where I always felt defeated and always felt like nothing in my life was going well. After transferring to Alliance and being in this nursing program truly made me realize how grateful I am. It brought me closer to God than I have ever been before. I thank him everyday for allowing me to wake up everyday and blessing me with good health and thanking him for giving me friends and family who love me so much.

This has had an impact on nursing care for my clients because I will treat every patient like they are family. I will never discriminate or have biased opinions towards anyone. I will make sure to provide the best care possible that will protect me and most of all be the best and safest care for my patients. No matter what stage they are in or how acute their care is, I will make sure to continue to fight for them, because I know that I would want someone to do that for me and for my family and friends. I will always put my patients' needs before anything.