

Journal 1

This week at clinicals, I had an eight month old patient who was admitted because she was not meeting his growth requirements. The mother had been diluting the formula, thus the diagnosis was “failure to thrive”. The greatest challenge I experienced during clinicals was that I was not able to identify the different growth height and weight for different age groups. I reflect on my personal, spiritual, and professional growth as my immediate thought after seeing the patient was to judge the mother. However, it is not my place to judge anyone nor is it my job to. With this experience, I will not judge any parent or patient as I am not God and I should not judge His children. My greatest accomplishment this week was being able to correctly identify the RSV and its application to children without looking up the information. I did not perform any technical skills this week. I did not communicate with the patient or any staff. However, my peers and I had a deep discussion about RSV and the patient’s diagnosis and nursing interventions for each. It was a fruitful and collaborative discussion. An area for improvement is that I want to improve on is learning the different growth and development milestones and committing them to memory. The scripture I meditate on for the next clinicals is 1 Timothy 4:15:

“Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress.”

With this scripture, I give my trust to the Lord, try my best to serve patients, and rid myself of negative thoughts.