

READING REPORT FORM

PMN 101 – Introduction to Spiritual Formation

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1). Where did this book “take you apart?” How did God use it in “spiritual surgery?” (please use quotes & page numbers)?

1. In the book where it took me apart was when the Dr. Walborn talks about the importance of letting go of our self-centeredness and our need for control to fully surrender to God's will. She writes, "God is the divine surgeon who wants to take you apart and put you back together again" (p. 6). This process of surrender and transformation is not always easy, and the Dr. Walborn acknowledges that it can be painful at times. She writes, "God has to remove the things in us that are not of him, and this can be a painful and frightening process" (p. 25). However, she also emphasizes that the end result is worth it, as we become closer to God and more aligned with his will. This convicted me because I know this is still something I have difficulty with.

2). Where did you agree most with the author? Disagree most?

2. Dr. Walborn emphasizes the importance of having a personal relationship with God and provides practical advice on how to achieve this. She encourages readers to develop spiritual disciplines such as prayer, meditation, and Bible study. She also emphasizes the

role of community and accountability in spiritual growth. Personally, I find myself in total agreement with the Dr. Walborn on the importance of developing a personal relationship with God through spiritual disciplines and community involvement. I think it is essential to have a regular spiritual practice to deepen our connection with God, and community support can be invaluable in our spiritual journey. Regarding disagreement, I can say that some believers may have different perspectives on some of the spiritual practices or approaches suggested by the Dr. Walborn. Ultimately, everyone's spiritual journey is unique, and we should all seek what resonates with our own beliefs and experiences.

3). What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

3. The key spiritual truth that I glean from this book is the importance of surrendering to God's will and allowing him to transform us from the inside out. This involves letting go of our own desires and control and trusting in God's plan for our lives. To achieve this truth into their personal spiritual formation process, we need to practice daily spiritual disciplines such as prayer, meditation, and Bible study, as well as seek out opportunities for service and community involvement. By staying connected to God and open to his leadership, so we can continue to grow in their relationship with him and become more like Christ and less like us.