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PMN 101- Introduction to Spiritual Formation

Prof. Jessica Mitchell

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### **MY SPIRITUAL GROWTH**

As a Christian my spiritual growth is to be able to let the blessing of God flow throughout me and so that others will be able to see Christ in me. The blessing in my life will resolve my spiritual growth which is to have a relationship with God and having Jesus in my heart that I will grow as a Christian. In my spiritual journey I can grow as a Christian and my spiritual growth is developed through fasting and prayer which is essential part of my life. In prayer and reading the bible I am able to understand the word of God and by studying the word of God I will be able to spread the word of God to others. I grow spiritually by spending time with God in prayer and meditation, to be able to understand.

I will always humble myself before God in prayer throughout the day, I begin when I open my eyes in the morning and turn off the alarm, I would thank God for another day. I thank him for my family, my friends, my home, my car, my job, and other things that the Lord has blessed me with, and I give him thanks. My spiritual growth in the Lord is in a day-to-day routine and I hold myself accountable to keep strong in the Lord. My emotional, social, and intellectual goals is to pass my nursing classes, as a nursing student I must put my hope and trust in God to see me through this situation of my life that I face and for me to make it I have to put God first. The caring and serving we can reach in God, and I will be able to serve others and as a nurse I will be able to serve people and their needs to the best of my ability.