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PSY441: Psychology of Personality

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### Defense Mechanism Outline

- I. Introduction
  - a. Thesis
- II. Function
  - a. How it starts and explanation
  - b. Concern
- III. Clinical
  - a. Primitive Defense Mechanisms
    - i. Acting out
    - ii. Avoidance
    - iii. Conversion
    - iv. Denial
    - v. Identification
    - vi. Projection
    - vii. Regression
    - viii. Repression
    - ix. Schizoid fantasy
    - x. Splitting
  - b. Higher Level Defense Mechanisms

- i. Anticipation
- ii. Compensation
- iii. Displacement
- iv. Humor
- v. Intellectualization
- vi. Isolation of Affect
- vii. Rationalization
- viii. Reaction formation
- ix. Sexualization
- x. Sublimation
- xi. Suppression

IV. Conclusion

- a. Outcomes