

Abide Balli

SP23

Guided Reflection Questions for Surgical Case 2: Stan Checketts

Opening Questions

How did the scenario make you feel? I felt like I was working in ER, I got to act fast and use my critical thinking at the same time.

Scenario Analysis Questions*

PCC/EBP/S When reflecting on the care of Stan Checketts, what are signs and symptoms you can assess in the next patient you care for who might be at risk for dehydration?

Skin Turgor, CR, Headaches, Nausea.

EBP/QI Discuss signs and symptoms of hypovolemic shock.

Hypotension, Tachycardia, Tachypnea, Decreased in LOC, Oliguria, Cool Clammy Skin, Fatigue, Weakness, fatigue.

PCC/EBP Discuss assessment and expected findings in a small bowel obstruction.

Abdominal pain, decreased appetite, Constipation, Vomiting, Distended abdomen.

PCC/S/I/EBP What key questions does the nurse ask in an acute abdominal pain assessment?

Have you had a change in diet? Have you gain or lost weight? Do you feel nauseous? Any abdominal pain? Are you allergic to anything? What medications are you taking?

PCC/EBP/S In evaluating Stan Checketts' laboratory values, what if any abnormalities did you find?

High level of Hematocrit, High pH, Elevated HCO₃ Metabolic Alkalosis S/S.

PCC/EBP/S Stan Checketts had a nasogastric (NG) tube inserted for gastric decompression. What are the preferred methods for confirming placement of the NG tube?

pH aspiration; if pH is less than 5, placement is correct.

X-rays Pictures confirm good placement.

T&C/EBP/S/PCC What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.

S: Stan Checketts presents to ER with severe abdominal pain, nausea and vomiting

B: %2 years old, he has not urinated in 24 hours and has been vomiting for the past days.

A: Hyperactive BS with a distended abdomen, Skin is cool and clumsy with decreased skin turgor.

R: Isotonic IVF, analgesics and surgery for small bowel obstruction.

Concluding Questions

What would you do differently if you were to repeat this scenario? How would your patient care change?

In my first attempt, I should have re-assess my nausea and pain and provide at 10 L of Non rebreather Oxygen through Mask. Also, I could have CT scan the abdomen as ordered, I didn't feel the need of doing it because I already did an X-rays.

** The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*