

Respond to the questions below based on your review of Chapter 9 Middle Adulthood.

1-Discuss the three primary reasons why AA may work for some people.

Alcohol anonymous (AA) three primary reasons why may work for some (1) it provides a social context to addressing the problem and a safe haven to those participating in the program. (2) It offers social support and a group setting. The participants are able to express their feelings and receive support emotionally while gaining ways to solve their problems. (3) it offers a clear structure for the participants to follow with a behavioral routine embedded with self determination to assist with refocusing one's energy on life goals.

2-Discuss several problems related to the deinstitutionalization of the mentally ill.

(1) More people living on the street/ shelter and residing in psychiatric hospital. (2) incarcerated people with mental illness. (3) no follow up treatment or provisions for those being discharged from mental institutions. (4) untreated mental illness triggering violence (5) inadequate housing (6) community care provided to assist with mental health no longer getting funded by the state to service the community (7) laws designed to protect the rights of people with serious mental health illness continue to primarily support the person remaining ill.

3-Identify several strengths and landmarks of development that present in middle adulthood.

Several strengths and landmarks of development that presents in middle adulthood is increase role related achievement, more purposeful living, job satisfaction, enhanced friendships, enhance marital or partner relationships, focus on physical fitness, and crystallized intelligence.