

Student: LaQuandra Gooden (Intern)

Client Name: N/A

Date: 3/28/2023

Agency: C4 Institute/Innerchange

Field Supervisor: Chris Lawrence

I. Client System (Client's first name, age, gender, race, ethnicity, occupation, etc.)

There is no client. However, I am an intern and a full-time student.

Presenting problem:

Last month, the intern shared with her supervisor that when the internship is over, she would like to still volunteer for his Innerchange program, because she enjoys interacting with the elderly community. The Innerchange program is very fulfilling. Due to the intern receiving surgery recently, the intern needs to share with her supervisor, she might not be able to volunteer for his program, because some of the tasks are too laborious for the intern right now.

Purpose of meeting.

The purpose of the transaction and objective is to have a meeting and discuss how the intern can participate in the Innerchange program as a volunteer once her internship is over.

		Content/ Description of Transaction	Skill Used	Reaction Thoughts/Feelings	Supervisor's Comments
	Intern	This week will be my last week doing the internship, I hit past my 60-hour mark.	Communication	I'm nervous to tell him, I might not be able to volunteer for his program, because I'm recovering from surgery.	

	Supervisor	Already? Wow, so we need to have a meeting to discuss the next steps moving forward.		He looked a bit surprised but was happy I completed the process.	
	Intern	Oh yeah, I had surgery recently on Friday, and I am still the recovery.	Communication	How am I going to say it to him, what words should I say? I am still feeling a little nervous.	
	Supervisor	Oh yeah, how are you feeling? Are you doing, okay?		I can see my supervisor is genuinely concerned about my health and wanted to ensure I am doing well. He was empathetic.	
	Intern	I am doing better than compared to last Friday, I still have pain here and there but overall, I am well.	Reflecting feelings.	I am starting to feel more relaxed and at ease because my supervisor was empathetic toward me. He did not view my surgical recovery process as a problem.	
	Supervisor	Good, good. Would you still be interested in doing the Senior and student exchange group for April and May?		My supervisor's voice and tone were calm, and he was sincerely trying to see if I am still available to volunteer for his non-profit program.	
	Intern	Yes, I would like to still volunteer because I really enjoy the program, however, I won't be	Advocacy	I feel relieved he inquired about the status of my volunteering contribution first.	

	able to do laborious activities such as bending down and lifting items past 10lbs because my doctor says I shouldn't for 6-8 weeks.		That took a lot of weight off my shoulders.	
Supervisor	Great, I think you'll be able to help on the administrative side of things. Would you like to do administrative work?		My supervisor is meeting me halfway which is good.	
Intern	Yes, that's fine. I will be able to do it.	Amiable	I feel happy because I can volunteer. The tasks will not be too laborious for me to do.	
Supervisor	Good, how about remote work? because there's no office you can work from. Is remote work good for you?		My supervisor is patient and calm.	
Intern	Yes, remote works for me, I can use my laptop at home.	Time management	I feel excited because I get to volunteer. Remote working is ideal for me because I have 5 classes now. I will be able to get my work done better and help.	
Supervisor	Awesome, so I'll have you stay in contact with Lisa, so we'll be able to continue the student		My supervisor looked happy; I will be able to help since he only has two volunteers	

	and elderly project. I don't want the project to get lost.		right now.	
Intern	That works for me, thank you for allowing me to participate in your program. I truly enjoy it, I got to see how important it is to have and connect relationships.	Emotional Intelligence/empathy	I am happy I can still volunteer without feeling overwhelmed with school. I am happy to be part of this project with my supervisor.	
Supervisor	Thank you for helping me out with the C4 institute. I will email Lisa and let her know you would still be working with me, so we can introduce the students to the seniors once it gets warm.		My supervisor looked well, and sound confident about continuing the elderly and student project.	
Intern	That sounds good, when do you think the garden will open so we can connect the students and seniors?	Collaboration/Community development	I feel excited because soon the seniors and students will meet in person and work on the garden.	
Supervisor	I am shooting to send the mural to the students in April and open the garden in May.		My supervisor has his plans thought out well.	
Intern	Okay good.	N/A	Everything is in place; I feel confident and content.	
Supervisor	I'm going to set up a meeting next week for your field placement		N/A	

		supervision.			
	Intern	Okay, that's fine. Would it be in person or via zoom?			Now I am feeling a little anxious about supervision, but not too anxious because my supervisor thanked me for helping him out during the internship.
	Supervisor	I think zoom would be better, also send me your timesheet so I can sign it for you.			My supervisor seems amiable and accommodating.
	Intern	Okay, perfect Zoom would be good, and I'll send the timesheet to you after Friday because I have to put in the last 6 hours on it for the "Learning on the street" event.			I need to remind myself to hand in my timesheet Monday because this week is a busy week.
		Okay, it's time for you to go home. I'll see you on Friday at 9:30 am.		N/A	The supervisor ended the meeting on a friendly note.

VII. Overall Assessment of the Interview

- A. Reflecting on the interview as a whole, how effective were you in achieving your purpose?

After meeting with my supervisor, the meeting went better than I expected, and what I was worried about did not come to pass. I am glad he worked with me and made accommodations for me.

B. What techniques and skills were successful?

The technique and skill that were most successful was communication. I viewed communication as successful because I was able to voice my thoughts and there was no misunderstanding about my tasks and role as a volunteer. By sharing with my supervisor about my surgery, he was able to work things out and make accommodations for me so I can still volunteer for his program.

C. What specific skills should you emphasize in the future?

Specific skills I can emphasize in the future are leading and initiating a conversation without waiting for someone else to do it, especially when it comes to my concerns.

D. What specific lessons have you learned that you will take into consideration in your next interview with this client and/or other clients?

Specific lessons I learn are to not let fear or nervousness stop me from leading and initiating topics of concern. In addition, it's nothing wrong with being assertive, being assertive allows me to advocate for myself.

VIII. Plan/Contract for future intervention

A. What have you and client system decided to work on at this point?

My supervisor and I worked on the upcoming future for his project with the elderly and students. Furthermore, we will be having supervision next week.

B. Indicate next steps as you see them

I will meet with my supervisor on Zoom for our next meeting.