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My clinical experience for the first ever peds clinical was a good experience. I did not know what to expect because working with kids, especially sick ones, is completely different than it is with adults. It is completely different for many reasons, the first one being the way you examine a child, is different than an adult. Children's vitals firstly, are different than adults, they have different ranges of what is considered "normal." That is also something that takes getting used to, is memorizing the range of vitals for the different age range of children, whether it's a newborn, school age child, or an adolescent. Children also do not understand the concept of being assessed and that the assessment is not going to harm them. You have to come up with different ways to distract them and let them feel at ease that the assessment is there to help them, as well as keep their short attention span.

It also broke my heart seeing the kids in their condition because it was my first time being around so many sick children who have long term medical issues and it's not just a cold or infection and you send them on their way. It's hard enough to see kids sick, but with these conditions it adds another layer of sadness.

My patient was a little 3-year-old, nonverbal patient who I had to do a head to toe assessment as well as take her vitals. It was a little difficult to assess her due to her being a toddler, so they are easily spooked when it comes to things like blood pressure or the stethoscope. But I was able to overcome the difficulties to assess her, not in the in depth way I wanted, but that comes with practice. That is something I want to work on

is distracting and being able to do the in depth assessment despite the difficulties of the patient.

The verse that kept coming to my mind during the clinical was Matthew 5:4-5 “God blesses those who mourn, for they will be comforted. God blesses those who are humble, for they will inherit the whole earth. ” (NLT). I felt like I was mourning these kids' lives for them because of the health and developmental difficulties they have to overcome and it affects not only them but their families. It breaks my heart because children are supposed to be healthy and have their whole lives ahead of them, and not being in so much pain or not being able to do something simple as feed themselves. But the Lord comforts his children and those who mourn for them.