

1. If you were Hailley's friend, what responsibilities would you have, if any, for helping her?
 - If I were Hailley's friend I would first create an environment where she feels safe, comfortable and heard. I wouldn't start the conversation off negatively speaking about her significant other. That may have been the cause for Hailley to become so defensive over Dan and the relationship with him. I would explain to her how she was not at fault over the situation I saw. I would explain to her and validate her mistake and ask her how she feels about the comments he made towards her. How do they make her feel? If she's always thought about herself in that way? I would do my best to help her through the conversation by listening and actively articulating my questions around the behaviors she's experiencing.

2. If you were Dan's friend, what might you say to alter his behaviors?
 - If I was Dan's friend, learning about his behaviors would be hard to hear and difficult emotionally. I would take time to sort through my personal feelings before approaching him. So that I will be able to speak as his friend and not as the victim to his actions. I would speak from a place of love to show him that I care about him and his well being. I would refrain from demanding him on what it is he needs to be doing. Instead I would explain to him the situation in which I felt his behavior was abusive and unacceptable and allow him to have his personal conclusions. I would actively listen to his responses to determine his awareness of his behaviors.

3. How does the concept of reflected appraisal, discussed in Chapter 9, apply to this case?
 - Reflected Appraisal applies to this case because when Amy met Hailley she stated that she was drawn to Hailley because she "seemed confident and positive". After Hailley started dating Dan, Amy started to notice her changing and becoming less positive and less extroverted. Once Amy was in front of both Hailley and Dan and heard the way he was speaking to her she decided that she wanted to bring the conversation to Hailley's attention. Hailley's responses towards the conversation show the reflected appraisal in which she believes she is clumsy and that she needs to stop doing "things" to make Dan mad.